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#### Abstract

A many body Hamiltonian involving the mean field for a projected spherical single particle basis, the pairing interactions for alike nucleons, a repulsive dipole-dipole proton-neutron interaction in the particle-hole ( $p h$ ) channel and an attractive dipole-pairing interaction is treated by a gauge restored and fully renormalized proton-neutron quasiparticle random phase approximation $(G R F R p n Q R P A)$ formalism. The resulting wave functions and energies for the mother and the daughter nuclei are used to calculate the $2 \nu \beta \beta$ decay rate and the process half life for the emitters: ${ }^{48} \mathrm{Ca},{ }^{76} \mathrm{Ge},{ }^{82} \mathrm{Se},{ }^{96} \mathrm{Zr},{ }^{104} \mathrm{Ru},{ }^{110} \mathrm{Pd},{ }^{128,130} \mathrm{Te},{ }^{148,150} \mathrm{Nd},{ }^{154} \mathrm{Sm}$, and ${ }^{160} \mathrm{Gd}$. The results of our calculations are compared with the corresponding experimental data as well as with those obtained through other methods. The Ikeda sum rule (ISR) is obeyed.


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## I. INTRODUCTION

The $2 \nu \beta \beta$ process is interesting by its own but is also very attractive because it constitutes a test for the nuclear matrix elements (m.e.) which are used for the process of $0 \nu \beta \beta$ decay. The discovery of this process may provide an answer to the fundamental question, whether neutrino is a Mayorana or a Dirac particle. The subject development is described by several review papers $[1-7]$. The present paper refers to the $2 \nu \beta \beta$ process, which is conceived as consisting of two consecutive and virtual single $\beta^{-}$decays. The formalism yielding closest results to the experimental data is the proton-neutron random phase approximation $(p n Q R P A)$ which includes the particle-hole $(p h)$ and particle-particle $(p p)$ as independent two body interactions. The second leg of the $2 \nu \beta \beta$ process is very sensitive to changing the relative strength of the later interaction, denoted hereafter by $g_{p p}$. It is worth mentioning that the $p h$ interaction is repulsive while the $p p$ one is attractive. Consequently, there is a critical value of $g_{p p}$ for which the first root of the $p n Q R P A$ equation vanishes. Actually, this is the signal that the $p n Q R P A$ approach is no longer valid. Moreover, the $g_{p p}$ value which corresponds to a transition amplitude which agrees with the corresponding experimental data is close to the mentioned critical value. That means that the result is not stable to adding corrections to the RPA picture. An improvement for the $p n Q R P A$ was achieved by one of us (AAR), in collaboration, in Refs.[8, 9], by using a boson expansion (BE) procedure. Another procedure, proposed in Ref.[10], renormalizes the dipole two quasiparticle operators by replacing the scalar components of their commutators with their average values. Such a renormalization is, however, inconsistently achieved since the scattering operators do not participate at the renormalization process. This lack of consistency was removed in Refs.[11, 12] where a fully renormalized $p n Q R P A(F R p n Q R P A)$ is proposed.

Unfortunately, all higher pnQRPA procedures mentioned above have the common drawback of violating the Ikeda sum rule ( $I S R$ ) by an amount of about 20-30\% [13]. It is believed that such a violation is caused by the gauge symmetry breaking. Consequently, a method of restoring this symmetry was formulated by two of us (A. A. R. and C. M. R.) in Ref. [14].

Recently [15, 16], the results of Ref.[14] were improved in two respects: a) aiming at providing a unitary description of the process for the situations when the involved nuclei are spherical or deformed, here we use the projected spherical single particle basis defined in Ref.[17] and used for double beta decay in Refs.[18, 19]; b) the space of proton-neutron dipole
configurations is split in three subspaces, one being associated to the single $\beta^{-}$decay, one to the single $\beta^{+}$process, and one spanned by the unphysical states. A set of $G R F R p n Q R P A$ equations is written down in the first two subspaces mentioned above, by linearizing the equations of motion of the basic transition operators corresponding to the two coupled processes.

In the present paper we apply the equations derived by the $G R F R p n Q R P A$ for the $2 \nu \beta \beta$ processes ${ }^{48} \mathrm{Ca} \rightarrow{ }^{48} \mathrm{Ti},{ }^{76} \mathrm{Ge} \rightarrow{ }^{76} \mathrm{Se},{ }^{82} \mathrm{Se} \rightarrow{ }^{82} \mathrm{Kr}$ and ${ }^{96} \mathrm{Zr} \rightarrow{ }^{96} \mathrm{Mo},{ }^{104} \mathrm{Ru} \rightarrow{ }^{104} \mathrm{Pd},{ }^{110} \mathrm{Pd}$ $\rightarrow{ }^{110} \mathrm{Cd},{ }^{128} \mathrm{Te} \rightarrow{ }^{128} \mathrm{Xe},{ }^{130} \mathrm{Te} \rightarrow{ }^{130} \mathrm{Xe},{ }^{148} \mathrm{Nd} \rightarrow{ }^{148} \mathrm{Sm},{ }^{150} \mathrm{Nd} \rightarrow{ }^{150} \mathrm{Sm},{ }^{154} \mathrm{Sm} \rightarrow{ }^{154} \mathrm{Gd}$ and ${ }^{160} \mathrm{Gd} \rightarrow{ }^{160} \mathrm{Dy}$. New arguments supporting the formalism are given. Moreover due to the specific experimental available data a new procedure for fixing the strengths of the two body $p n$ interactions is presented. A detailed comparison to other models aiming at being realistic and at the same time at fulfilling the Ikeda sum rule is mentioned.

Results are described according to the following plan. The model Hamiltonian is given in Section II where, also, The FRpnQRPA approach is shortly discussed. The projected gauge of $F R p n Q R P A(G R F R p n Q R P A)$ is the objective of Section III. The Gamow-Teller (GT) amplitude for the $2 \nu \beta \beta$ process is given in Section IV. Numerical applications are shown in Section IV, while the final conclusions are drawn in Section V.

## II. THE MODEL HAMILTONIAN

## A. Projected spherical single particle basis

In Ref. [17], one of us, (A.A.R., in collaboration), introduced an angular momentum projected single particle basis which seems to be appropriate for the description of the single particle motion in a deformed mean field generated by the particle-core interaction. Aiming at a self-content presentation, we give here the main ingredients of the method used in the above quoted reference. The single particle mean field is determined by a particle-core Hamiltonian:

$$
\begin{equation*}
\tilde{H}=H_{\text {sm }}+H_{\text {core }}-M \omega_{0}^{2} r^{2} \sum_{\lambda=0,2} \sum_{-\lambda \leq \mu \leq \lambda} \alpha_{\lambda \mu}^{*} Y_{\lambda \mu} . \tag{2.1}
\end{equation*}
$$

Here $H_{s m}$ denotes the spherical shell model Hamiltonian while $H_{\text {core }}$ is a harmonic quadrupole boson ( $b_{\mu}^{+}$) Hamiltonian associated to a phenomenological core. The interaction of the two subsystems is accounted for by the third term of the above equation, written
in terms of the shape coordinates $\alpha_{00}, \alpha_{2 \mu}$. The monopole shape coordinate can be expressed in terms of the quadrupole coordinates due to the volume conservation condition. The quadrupole shape coordinates are related to the quadrupole boson operators by the canonical transformation:

$$
\begin{equation*}
\alpha_{2 \mu}=\frac{1}{k \sqrt{2}}\left(b_{2 \mu}^{\dagger}+(-)^{\mu} b_{2,-\mu}\right), \tag{2.2}
\end{equation*}
$$

where $k$ is an arbitrary C number. Averaging $\tilde{H}$ on the eigenstates of $H_{s m}$, hereafter denoted by $|n l j m\rangle$, one obtains a deformed boson Hamiltonian whose ground state is described by the coherent state

$$
\begin{equation*}
\Psi_{g}=\exp \left[d\left(b_{20}^{+}-b_{20}\right)\right]|0\rangle_{b} \tag{2.3}
\end{equation*}
$$

with $|0\rangle_{b}$ standing for the vacuum state of the boson operators and $d$ a real parameter which simulates the nuclear deformation. Indeed, averaging the quadrupole moment operator

$$
\begin{equation*}
Q_{20}=q_{0}\left(b_{20}^{\dagger}+b_{20}\right), \tag{2.4}
\end{equation*}
$$

with the above mentioned coherent state, one obtains:

$$
\begin{equation*}
\left\langle\Psi_{g}\right| Q_{20}\left|\Psi_{20}\right\rangle=2 q_{0} d \tag{2.5}
\end{equation*}
$$

On the other hand, the average of $\tilde{H}$ on $\Psi_{g}$ is similar to the Nilsson Hamiltonian [24]. Due to these properties, it is expected that the best trial functions to be used to generate, through projection, a spherical basis are:

$$
\begin{equation*}
\Psi_{n l j}^{p c}=|n l j m\rangle \Psi_{g} . \tag{2.6}
\end{equation*}
$$

The upper index appearing in the l.h. side of the above equation suggests that the product function is associated to the particle core system. The projected states are obtained in the usual manner by acting on these deformed states with the projection operator

$$
\begin{equation*}
P_{M K}^{I}=\frac{2 I+1}{8 \pi^{2}} \int D_{M K}^{I}{ }^{*}(\Omega) \hat{R}(\Omega) d \Omega \tag{2.7}
\end{equation*}
$$

A certain subset of projected states is orthogonal:

$$
\begin{equation*}
\Phi_{n l j}^{I M}(d)=\mathcal{N}_{n l j}^{I} P_{M I}^{I}\left[|n l j I\rangle \Psi_{g}\right] . \tag{2.8}
\end{equation*}
$$

The main properties of these projected spherical states are: a) They are orthogonal with respect to I and M quantum numbers. b) Although the projected states are associated
to the particle-core system, they can be used as a single particle basis. Indeed, when a matrix element of a particle like operator is calculated, the integration on the core collective coordinates is performed first, which results in obtaining a final factorized expression: one factor carries the dependence on deformation and one is a spherical shell model matrix element. c) The connection between the nuclear deformation and the parameter $d$ entering the definition of the coherent state (2.4) is readily obtained by requiring that the strength of the particle-core quadrupole-quadrupole interaction be identical to the Nilsson deformed term of the mean field:

$$
\begin{equation*}
\frac{d}{k}=\sqrt{\frac{2 \pi}{45}}\left(\Omega_{\perp}^{2}-\Omega_{z}^{2}\right) \tag{2.9}
\end{equation*}
$$

Here $\Omega_{\perp}$ and $\Omega_{z}$ denote the frequencies of Nilsson's mean field related to the deformation $\delta=\sqrt{45 / 16 \pi} \beta$ by:

$$
\begin{equation*}
\Omega_{\perp}=\left(\frac{2+\delta}{2-\delta}\right)^{1 / 3}, \Omega_{z}=\left(\frac{2+\delta}{2-\delta}\right)^{-2 / 3} \tag{2.10}
\end{equation*}
$$

The average of the particle-core Hamiltonian $H^{\prime}=\tilde{H}-H_{\text {core }}$ on the projected spherical states defined by 2.8 approximates quite well the single particle energies associated to the eigenstates of the deformed single particle mean field.

$$
\begin{equation*}
\epsilon_{n l j}^{I}=\left\langle\Phi_{n l j}^{I M}(d)\right| H^{\prime}\left|\Phi_{n l j}^{I M}(d)\right\rangle \tag{2.11}
\end{equation*}
$$

These matrix elements were analytically expressed in Ref.[17] Since the core contribution does not depend on the quantum numbers of the single particle energy level, it produces a shift for all energies and therefore is omitted in Eq.(2.11). However when the ground state energy variation against deformation is studied, this term should be considered as well.

Note that the average values $\epsilon_{n l j}^{I}$ may be viewed as approximate expressions for the single particle energies in deformed Nilsson orbits. We may account for the deviations from the exact eigenvalues by considering, later on, the off diagonal matrix elements of the particlecore interaction when a specific treatment of the many body system is applied.

The parameters involved in $H_{s m}$ were taken from Ref. [25]. The deformation parameter was fixed by fitting the strength of the E2 transition to the first collective $2^{+}$. The canonicity parameter can be determined by requiring that the energy spacings between two particular adjacent single particle energy levels in the Nilsson and present formalism are the same. Due to the above mentioned features the dependence of the new single particle energies on the deformation parameter $d$ is similar to that shown by the Nilsson model for the single
particle energies [24] as function of the quadrupole nuclear deformation, $\beta$. For illustration the dependence on $d$ of the proton single particle energies is shown in Fig. 1 for ${ }^{154} \mathrm{Sm}$.

Although the energy levels are similar to those of the Nilsson model, the quantum numbers in the two schemes are different. Indeed here we generate from each j a multiplet of $(2 j+1)$ states as I, which plays the role of the Nilsson quantum number $\Omega$, runs from $1 / 2$ to j and moreover the energies corresponding to the quantum numbers K and -K are equal to each other. On the other hand, for a given I there are $2 I+1$ degenerate sub-states while the Nilsson states are only double degenerate. As explained in Ref.[17], the redundancy problem can be solved by changing the normalization of the model functions:

$$
\begin{equation*}
\left\langle\Phi_{\alpha}^{I M} \mid \Phi_{\alpha}^{I M}\right\rangle=1 \Longrightarrow \sum_{M}\left\langle\Phi_{\alpha}^{I M} \mid \Phi_{\alpha}^{I M}\right\rangle=2 \tag{2.12}
\end{equation*}
$$

Due to this weighting factor the particle density function is providing the consistency result that the number of particle which can be distributed on the $(2 \mathrm{I}+1)$ substates is at most 2, which agrees with the Nilsson model. Here $\alpha$ stands for the set of shell model quantum numbers $n l j$. Due to this normalization, the states $\Phi_{\alpha I M}$ used to calculate the matrix elements of a given operator should be multiplied with the weighting factor $\sqrt{2 /(2 I+1)}$. The role of the core component is to induce a quadrupole deformation for the matrix elements of the operators acting on particle degrees of freedom. Indeed, for any such an operator the following factorization holds:

$$
\begin{equation*}
\left\langle\Phi_{n l j}^{I}\left\|T_{k}\right\| \Phi_{n^{\prime} l^{\prime} j^{\prime}}^{I^{\prime}}\right\rangle=f_{n l j I}^{n^{\prime} l^{\prime} j^{\prime} I^{\prime}}\left\langle n l j\left\|T_{k}\right\| n^{\prime} l^{\prime} j^{\prime}\right\rangle \tag{2.13}
\end{equation*}
$$

The factor f carries the dependence on the deformation parameter d while the other factor is just the reduced matrix elements corresponding to the spherical shell model states.

Concluding, the projected single particle basis is defined by Eq.(2.8). Although these states are associated to a particle-core system, they can be used as a single particle basis due to the properties mentioned above. Therefore the projected states might be thought of as eigenstates of an effective rotational invariant fermionic one-body Hamiltonian $H_{\text {eff }}$, with the corresponding energies given by Eq.(2.11).

$$
\begin{equation*}
H_{e f f} \Phi_{\alpha}^{I M}=\epsilon_{\alpha}^{I}(d) \Phi_{\alpha}^{I M} \tag{2.14}
\end{equation*}
$$

This definition should be supplemented by the request that the matrix elements of any operator between states $\Phi_{\alpha}^{I M}$ and $\Phi_{\alpha^{\prime}}^{I^{\prime} M^{\prime}}$, are given by Eq. (2.13). Due to these features,
these states can be used as single particle basis to treat many body Hamiltonians which involve one-body operators. This is the case of Hamiltonians with two body separable forces. As a matter of fact, such type of Hamiltonian is used in the present paper.

In the vibrational limit, $d \rightarrow 0$, the projected spherical basis goes to the spherical shell model basis and $\epsilon_{n l j}^{I}$ to the eigenvalues of $H_{s m}$.

For the sake of completeness, we payed attention also to the general two body interaction. In this way one hopefully avoids possible erroneous interpretation of the product of two projected single particle states. Thus in Ref.[13] we proved that the matrix elements of a two body interaction corresponding to the present scheme are very close to the matrix elements corresponding to spherical states projected from a deformed product state with one factor as a product of two spherical single particle states, and a second factor consisting of a common collective core wave function. The small discrepancies of the two types of matrix elements could be washed out by using slightly different strengths for the two body interaction in the two methods. Due to this property the basis (2.8) might be used for studying any two-body interaction.

## B. Fully renormalized pnQRPA treatment

In the present work we are interested to unitary describe the Gamow-Teller two neutrino double beta decay of the even-even nuclei with and without spherical symmetry. In our treatment the Fermi transitions, contributing about 20\%, and the "forbidden" transitions are ignored which is a reasonable approximation for the two neutrino double beta decay in medium and heavy nuclei.

We suppose that the states describing the nuclei involved in a $2 \nu \beta \beta$ process are described by a many body Hamiltonian which may be written in the projected spherical basis as:

$$
\begin{align*}
H= & \sum_{\tau, \alpha, I, M} \frac{2}{2 I+1}\left(\epsilon_{\tau \alpha I}-\lambda_{\tau \alpha}\right) c_{\tau \alpha I M}^{\dagger} c_{\tau \alpha I M}-\sum_{\tau, \alpha, I, I^{\prime}} \frac{G_{\tau}}{4} P_{\tau \alpha I}^{\dagger} P_{\tau \alpha I^{\prime}} \\
& +2 \chi \sum_{p n ; p^{\prime} n^{\prime} ; \mu} \beta_{\mu}^{-}(p n) \beta_{-\mu}^{+}\left(p^{\prime} n^{\prime}\right)(-)^{\mu}-2 \chi_{1} \sum_{p n ; p^{\prime} n^{\prime} ; \mu} P_{\mu}^{-}(p n) P_{-\mu}^{+}\left(p^{\prime} n^{\prime}\right)(-)^{\mu}, \tag{2.15}
\end{align*}
$$

where $c_{\tau \alpha I M}^{\dagger}\left(c_{\tau \alpha I M}\right)$ denotes the creation (annihilation) operator of one nucleon of the type $\tau(=p, n)$ in the state $\Phi_{\alpha}^{I M}$, with $\alpha$ being an abbreviation for the set of quantum numbers $n l j$. The Hamiltonian H contains the mean field term, the pairing interactions for alike nucleons


FIG. 1: Proton single particle energies for ${ }^{154} \mathrm{Sm}$. Vertical full line corresponds to the deformation parameter $d$ used in the present calculations, while the dashed vertical line corresponds to that deformation which minimizes the proton system energy. The difference between the two values 8 may be washed out if the contribution of $H_{\text {core }}$ to the total energy to be minimized, is taken into account.
whose strengths are denoted by $G_{\tau}$ and the Gamow-Teller dipole-dipole interaction in the $p h$ and $p p$ channels, characterized by the strengths $\chi$ and $\chi_{1}$, respectively.

In order to simplify the notations, hereafter the set of quantum numbers $\alpha(=n l j)$ will be omitted. Note that the two body interactions are separable, with the factors defined by the following expressions:

$$
\begin{align*}
P_{\tau I}^{\dagger} & =\sum_{M} \frac{2}{2 I+1} c_{\tau I M}^{\dagger} c_{\tau I M}^{\dagger}, \\
\beta_{\mu}^{-}(p n) & =\sum_{M, M^{\prime}} \frac{\sqrt{2}}{\hat{I}}\langle p I M| \sigma_{\mu}\left|n I^{\prime} M^{\prime}\right\rangle \frac{\sqrt{2}}{\hat{I}^{\prime}} c_{p I M}^{\dagger} c_{n I^{\prime} M^{\prime}}, \\
P_{1 \mu}^{-}(p n) & =\sum_{M, M^{\prime}} \frac{\sqrt{2}}{\hat{I}}\langle p I M| \sigma_{\mu}\left|n I^{\prime} M^{\prime}\right\rangle \frac{\sqrt{2}}{\hat{I}^{\prime}} c_{p I M}^{\dagger} c_{n I^{\prime} M^{\prime}}^{\dagger} . \tag{2.16}
\end{align*}
$$

The other operators from Eq.(2.15) can be obtained from the above expressions, by Hermitian conjugation.

In the quasiparticle representation, defined by the Bogoliubov-Valatin transformation:

$$
\begin{equation*}
a_{\tau I M}^{\dagger}=U_{\tau I} c_{\tau I M}^{\dagger}-s_{I M} V_{\tau I} c_{\tau I-M}, s_{I M}=(-)^{I-M}, \quad \tau=p, n, \quad U_{\tau I}^{2}+V_{\tau I}^{2}=1 \tag{2.17}
\end{equation*}
$$

the first two terms of H are replaced by the independent quasiparticles term, $\sum E_{\tau I} a_{\tau I M}^{\dagger} a_{\tau I M}$, while the $p h$ and $p p$ interactions are expressed in terms of the dipole two $q p$ and the $q p$ dipole density operators:

$$
\begin{align*}
& A_{1 \mu}^{\dagger}(p n)=\sum C_{m_{p} m_{n} \mu}^{I_{p} I_{n} 1} a_{p I_{p} m_{p}}^{\dagger} a_{n I_{n} m_{n}}^{\dagger}, \quad A_{1 \mu}(p n)=\left(A_{1 \mu}^{\dagger}(p n)\right)^{\dagger} \\
& B_{1 \mu}^{\dagger}(p n)=\sum C_{m_{p}-m_{n} \mu}^{I_{p} I_{n} 1} a_{p j_{p} m_{p}}^{\dagger} a_{n I_{n} m_{n}}(-)^{I_{n}-m_{n}}, \quad B_{1 \mu}(p n)=\left(B_{1 \mu}^{\dagger}(p n)\right)^{\dagger}, \tag{2.18}
\end{align*}
$$

As shown in Ref.[11], all these operators can be renormalized by making use of the commutation equations:

$$
\begin{align*}
& {\left[A_{1 \mu}(k), A_{1 \mu^{\prime}}^{\dagger}\left(k^{\prime}\right)\right] \approx \delta_{k, k^{\prime}} \delta_{\mu, \mu^{\prime}}\left[1-\frac{\hat{N}_{n}}{\hat{I}_{n}^{2}}-\frac{\hat{N}_{p}}{\hat{I}_{p}^{2}}\right]} \\
& {\left[B_{1 \mu}^{\dagger}(k), A_{1 \mu^{\prime}}^{\dagger}\left(k^{\prime}\right)\right] \approx\left[B_{1 \mu}^{\dagger}(k), A_{1 \mu^{\prime}}\left(k^{\prime}\right)\right] \approx 0,} \\
& {\left[B_{1 \mu}(k), B_{1 \mu^{\prime}}^{\dagger}\left(k^{\prime}\right)\right] \approx \delta_{k, k^{\prime}} \delta_{\mu, \mu^{\prime}}\left[\frac{\hat{N}_{n}}{\hat{I}_{n}^{2}}-\frac{\hat{N}_{p}}{\hat{I}_{p}^{2}}\right], k=\left(I_{p}, I_{n}\right) .} \tag{2.19}
\end{align*}
$$

with $\hat{N}_{\tau}$ denoting the quasiparticle number operator of type $\tau(=\mathrm{p}, \mathrm{n})$. Indeed, denoting by $C_{I_{p}, I_{n}}^{(1)}$ and $C_{I_{p}, I_{n}}^{(2)}$ the averages of the right hand sides of (2.19) with the renormalized
$p n Q R P A$ vacuum state, the renormalized operators defined as

$$
\begin{equation*}
\bar{A}_{1 \mu}(k)=\frac{1}{\sqrt{C_{k}^{(1)}}} A_{1 \mu}, \quad \bar{B}_{1 \mu}(k)=\frac{1}{\sqrt{\left|C_{k}^{(2)}\right|}} B_{1 \mu} \tag{2.20}
\end{equation*}
$$

obey the boson-like commutation relations:

$$
\begin{align*}
& {\left[\bar{A}_{1 \mu}(k), \bar{A}_{1 \mu^{\prime}}^{\dagger}\left(k^{\prime}\right)\right]=\delta_{k, k^{\prime}} \delta_{\mu, \mu^{\prime}},} \\
& {\left[\bar{B}_{1 \mu}(k), \bar{B}_{1 \mu^{\prime}}^{\dagger}\left(k^{\prime}\right)\right]=\delta_{k, k^{\prime}} \delta_{\mu, \mu^{\prime}} f_{k}, \quad f_{k}=\operatorname{sign}\left(C_{k}^{(2)}\right)} \tag{2.21}
\end{align*}
$$

Further, these operators are used to define the phonon operator:

$$
\begin{equation*}
C_{1 \mu}^{\dagger}=\sum_{k}\left[X(k) \bar{A}_{1 \mu}^{\dagger}(k)+Z(k) \bar{D}_{1 \mu}^{\dagger}(k)-Y(k) \bar{A}_{1-\mu}(k)(-)^{1-\mu}-W(k) \bar{D}_{1-\mu}(k)(-)^{1-\mu}\right], \tag{2.22}
\end{equation*}
$$

where $\bar{D}_{1 \mu}^{\dagger}(k)$ is equal to $\bar{B}_{1 \mu^{\prime}}^{\dagger}\left(k^{\prime}\right)$ or $\bar{B}_{1 \mu}(k)$ depending on whether $f_{k}$ is + or - . The phonon amplitudes are determined by the equations:

$$
\begin{equation*}
\left[H, C_{1 \mu}^{\dagger}\right]=\omega C_{1 \mu}^{\dagger}, \quad\left[C_{1 \mu}, C_{1 \mu^{\prime}}^{\dagger}\right]=\delta_{\mu \mu^{\prime}} . \tag{2.23}
\end{equation*}
$$

Interesting properties for these equations and their solutions were discussed in our previous publications [11, 12]. The formalism defined above was named as Fully Renormalized protonneutron Quasiparticle Random Phase Approximation (FRpnQRPA).

## III. GAUGE PROJECTION OF THE FULLY RENORMALIZED PNQRPA

The ground state of a (N,Z) nucleus can be excited by the phonon operator, defined above, to a state which is a superposition of components describing the neighboring nuclei $(N-1, Z+1),(N+1, Z-1),(N+1, Z+1),(N-1, Z-1)$. The first two components conserve the total number of nucleons $(\mathrm{N}+\mathrm{Z})$ but violate the third component of isospin, $T_{3}$. By contrast, the last two components violate the total number of nucleons but preserve $T_{3}$. Actually, the last two components are those which contribute to the $I S R$ violation. However, one can construct linear combinations of the basic operators $A^{\dagger}, A, B^{\dagger}, B$ which excite the nucleus $(N, Z)$ to the nuclei $(N-1, Z+1),(N+1, Z-1),(N+1, Z+1),(N-1, Z-1)$, respectively. These operators are:

$$
\mathcal{A}_{1 \mu}^{\dagger}(p n)=U_{p} V_{n} A_{1 \mu}^{\dagger}(p n)+U_{n} V_{p} A_{1,-\mu}(p n)(-)^{1-\mu}+U_{p} U_{n} B_{1 \mu}^{\dagger}(p n)-V_{p} V_{n} B_{1,-\mu}(p n)(-)^{1-\mu}
$$

$\mathcal{A}_{1 \mu}(p n)=U_{p} V_{n} A_{1 \mu}(p n)+U_{n} V_{p} A_{1,-\mu}^{\dagger}(p n)(-)^{1-\mu}+U_{p} U_{n} B_{1 \mu}(p n)-V_{p} V_{n} B_{1,-\mu}^{\dagger}(p n)(-)^{1-\mu}$, $\mathbf{A}_{1 \mu}^{\dagger}(p n)=U_{p} U_{n} A_{1 \mu}^{\dagger}(p n)-V_{p} V_{n} A_{1,-\mu}(p n)(-)^{1-\mu}-U_{p} V_{n} B_{1 \mu}^{\dagger}(p n)-V_{p} U_{n} B_{1,-\mu}(p n)(-)^{1-\mu}$, $\mathbf{A}_{1 \mu}(p n)=U_{p} U_{n} A_{1 \mu}(p n)-V_{p} V_{n} A_{1,-\mu}^{\dagger}(p n)(-)^{1-\mu}-U_{p} V_{n} B_{1 \mu}(p n)-V_{p} U_{n} B_{1,-\mu}^{\dagger}(p n)(-)^{1-\mu}$.

Indeed, in the particle representation these operators have the expressions:

$$
\begin{align*}
& \mathcal{A}_{1 \mu}^{\dagger}(p n)=-\left[c_{p}^{\dagger} c_{\tilde{n}}\right]_{1 \mu}, \quad \mathcal{A}_{1 \mu}(p n)=-\left[c_{p}^{\dagger} c_{\tilde{n}}\right]_{1 \mu}^{\dagger} \\
& \mathbf{A}_{1 \mu}^{\dagger}(p n)=\left[c_{p}^{\dagger} c_{n}^{\dagger}\right]_{1 \mu}, \quad \mathbf{A}_{1 \mu}(p n)=\left[c_{p}^{\dagger} c_{n}^{\dagger}\right]_{1 \mu}^{\dagger} \tag{3.1}
\end{align*}
$$

Thus, the operators from the first row excite the nucleus ( $\mathrm{N}, \mathrm{Z}$ ) to the nuclei ( $\mathrm{N}-1, \mathrm{Z}+1$ ) and $(\mathrm{N}+1, \mathrm{Z}-1)$ respectively, while the operators $\mathbf{A}_{1 \mu}^{\dagger}(p n)$ and $\mathbf{A}_{1 \mu}(p n)$ bring ( $\mathrm{N}, \mathrm{Z}$ ) to $(\mathrm{N}+1, \mathrm{Z}+1)$ and (N-1,Z-1), respectively. In terms of the new operators, the many body Hamiltonian is:

$$
\begin{align*}
H & =\sum_{\tau j m} E_{\tau j} a_{\tau j m}^{\dagger} a_{\tau j m}+2 \chi \sum_{p n, p^{\prime} n^{\prime} ; \mu} \sigma_{p n ; p^{\prime} n^{\prime}} \mathcal{A}_{1 \mu}^{\dagger}(p n) \mathcal{A}_{1 \mu}\left(p^{\prime} n^{\prime}\right) \\
& -2 \chi_{1} \sum_{p n, p^{\prime} n^{\prime} ; \mu} \sigma_{p n ; p^{\prime} n^{\prime}} \mathbf{A}_{1 \mu}^{\dagger}(p n) \mathbf{A}_{1 \mu}\left(p^{\prime} n^{\prime}\right), \\
\sigma_{p n ; p^{\prime} n^{\prime}} & =\frac{2}{3 \hat{I}_{n} \hat{I}_{n^{\prime}}}\left\langle I_{p}\|\sigma\| I_{n}\right\rangle\left\langle I_{p^{\prime}}\|\sigma\| I_{n^{\prime}}\right\rangle \tag{3.2}
\end{align*}
$$

where $E_{\tau I}$ denotes the quasiparticle energy.
At this stage we have to explain why the pp interaction is not effective, i.e. does not contribute at all within our approach. Indeed, within the gauge preserved picture the operators $\mathcal{A}_{1 \mu}$ and $\mathbf{A}_{1 \mu}^{\dagger}$ commute with each other. Consequently, the gauge projected phonon operator cannot comprise terms like $\mathbf{A}_{1 \mu}^{\dagger}$ since they violate the total number of nucleons. Indeed, if the mentioned commutator would be different from zero, but equal to the average with the new vacuum state of its scalar part, then the equations of motion for the operators $\mathcal{A}_{1 \mu}$ and $\mathcal{A}_{1 \mu}^{\dagger}$ would be linear not only in the nucleon number conserving operators, but also in those which do not conserve the total number operator. In order that the equations of motion constitute a closed algebra, we have to add the equations corresponding to the number nonconserving operators. Consequently, the phonon operator is a linear combination of both nucleon number conserving and non-conserving terms. It is conspicuous now that in order to conserve the nucleon total number it is necessary to accept that the operators $\mathcal{A}_{1 \mu}$ and $\mathbf{A}_{1 \mu}^{\dagger}$ commute with each other. In this context the $p p$ interaction is becoming inefficient for properties described by gauge preserving wave functions and therefore we have to ignore it.

In this respect our formalism contrasts the picture of Ref. [54] where the phonon operator is commuting with the nucleon total number operator and at a time the $p p$ interaction contributes to the renormalized $p n Q R P A$ equations.

However, aiming at a quantitative description of the double beta process, the presence of an attractive proton-neutron interaction is necessary. Due to this reason we replace the $p p$ interaction, which is ineffective anyway, with a dipole-pairing interaction:

$$
\begin{equation*}
\Delta H=-X_{d p} \sum_{\substack{p n ; p^{\prime} \\ n^{\prime} ; \mu}}\left(\beta_{\mu}^{-}(p n) \beta_{-\mu}^{-}\left(p^{\prime} n^{\prime}\right)+\beta_{-\mu}^{+}\left(p^{\prime} n^{\prime}\right) \beta_{\mu}^{+}(p n)\right)(-1)^{1-\mu} \tag{3.3}
\end{equation*}
$$

We remark that the two terms of $\Delta H$ are changing the charge by +2 and -2 units respectively, and therefore one may think that it is not justified within the meson-dynamic theory of nuclear forces. That is not true, having in mind the isospin charge independence property of the nuclear forces. Also, we note that $\Delta H$ is Hermitian and invariant to rotation. This Hamiltonian should be looked at as an effective Hamiltonian in the same manner as the standard pairing Hamiltonian is. Indeed, within the BCS approximation the initial pairing Hamiltonian is replaced by an effective one $\Delta\left(c^{\dagger} c^{\dagger}\right)_{0}+\Delta^{*}(c c)_{0}$, with $c^{\dagger}$ (c) denoting the single particle creation (annihilation) operator. This Hamiltonian also does not preserve the charge too, but this is consistent with the trial variational state $|B C S\rangle$ which is a mixture of components with different even number of particles. In the present case the $p n Q R P A$ state is built on the top of the $B C S$ ground state which is a product of the $B C S$ states for protons and neutrons respectively, which results in obtaining a linear superposition of components with different isospin third component, $T_{3}$. Of course, at the $B C S$ level $T_{3}$ is preserved in average. Therefore, in the quasiparticle picture the condition that the Hamiltonian commutes separately with the proton and neutron number operators is anyway not fulfilled by any of the composing terms from the model Hamiltonian. Note that $\Delta H$ commutes with the total number of nucleons and preserves this feature after the linearization procedure is performed, contributing to the equations of motion of the basic operators with the gauge restored. Concerning the $T_{3}$ symmetry let us denote by $\mathcal{N}_{\tau}$ the $\tau(=p, n)$ particle number operators respectively, and calculate the commutator:

$$
\begin{equation*}
\left[\Delta H, \mathcal{N}_{p}-\mathcal{N}_{n}\right]=4 X_{d p} \sum_{\substack{p n ; p^{\prime} \\ n^{\prime} ; \mu}}\left(\beta_{\mu}^{-}(p n) \beta_{-\mu}^{-}\left(p^{\prime} n^{\prime}\right)-\beta_{-\mu}^{+}\left(p^{\prime} n^{\prime}\right) \beta_{\mu}^{+}(p n)\right)(-1)^{1-\mu} \tag{3.4}
\end{equation*}
$$

Note that the right hand side of the above equation is an anti-Hermitian operator. Consequently, its average value with any state is vanishing. In particular it is vanishing if the chosen state is the $B C S$ ground state or the vacuum state of the GPFRpnQRPA phonon operator. Concluding, in the present formalism the third isospin component is conserved in average. Clearly this happens since while one term of $\Delta H$ increasing the charge by two units the other term is decreasing it by the same amount. Note that this isospin non-conserving term shows up even at the level of the standard $p n Q R P A$. Indeed within this formalism the two-body interaction is approximated by a linear combination of the operators

$$
\begin{equation*}
A_{1 \mu}^{\dagger}(p n) A_{1 \mu}(p n), \quad(-1)^{1-\mu}\left(A_{1 \mu}^{\dagger}(p n) A_{1-\mu}^{\dagger}(p n)+A_{1,-\mu}(p n) A_{1 \mu}(p n)\right) . \tag{3.5}
\end{equation*}
$$

Writing these terms in the particle representation one finds that the effective two-body interaction comprises, among other terms, a term which is proportional to $\Delta H$. Therefore in a formalism using approximations which violates the $T_{3}$ symmetry, the use of a Hamiltonian $\Delta H$ which is not preserving the $T_{3}$ component does not produce a special inconsistency.

Writing the model Hamiltonian in the quasiparticle representation, one obtains:

$$
\begin{align*}
H & =\sum_{\tau j m} E_{\tau j} a_{\tau j m}^{\dagger} a_{\tau j m}+2 \chi \sum_{p n, p^{\prime} n^{\prime} ; \mu} \sigma_{p n ; p^{\prime} n^{\prime}} \mathcal{A}_{1 \mu}^{\dagger}(p n) \mathcal{A}_{1 \mu}\left(p^{\prime} n^{\prime}\right) \\
& -X_{d p} \sum_{\substack{p n ; p^{\prime} \\
n^{\prime} ; \mu}} \sigma_{p n ; p^{\prime} n^{\prime}}\left(\mathcal{A}_{1 \mu}^{\dagger}(p n) \mathcal{A}_{1,-\mu}^{\dagger}\left(p^{\prime} n^{\prime}\right)+\mathcal{A}_{1,-\mu}\left(p^{\prime} n^{\prime}\right) \mathcal{A}_{1 \mu}(p n)\right)(-)^{1-\mu} \tag{3.6}
\end{align*}
$$

The equations of motion of the operators defining the phonon operator are determined by the commutation relations:

$$
\begin{equation*}
\left[\mathcal{A}_{1 \mu}(p n), \mathcal{A}_{1 \mu^{\prime}}^{\dagger}\left(p^{\prime} n^{\prime}\right)\right] \approx \delta_{\mu, \mu^{\prime}} \delta_{j_{p}, j_{p^{\prime}}} \delta_{j_{n}, j_{n^{\prime}}}\left[U_{p}^{2}-U_{n}^{2}+\frac{U_{n}^{2}-V_{n}^{2}}{\hat{I}_{n}^{2}} \hat{N}_{n}-\frac{U_{p}^{2}-V_{p}^{2}}{\hat{I}_{p}^{2}} \hat{N}_{p}\right] \tag{3.7}
\end{equation*}
$$

The quasi-boson approximation replaces the r.h. side of the above equation by its average with the $G R F R p n Q R P A$ vacuum state, denoted by:

$$
\begin{equation*}
D_{1}(p n)=U_{p}^{2}-U_{n}^{2}+\frac{1}{2 I_{n}+1}\left(U_{n}^{2}-V_{n}^{2}\right)\left\langle\hat{N}_{n}\right\rangle-\frac{1}{2 I_{p}+1}\left(U_{p}^{2}-V_{p}^{2}\right)\left\langle\hat{N}_{p}\right\rangle \tag{3.8}
\end{equation*}
$$

The equations of motion show that the two $q p$ energies are also renormalized:

$$
\begin{equation*}
E^{r e n}(p n)=E_{p}\left(U_{p}^{2}-V_{p}^{2}\right)+E_{n}\left(V_{n}^{2}-U_{n}^{2}\right) \tag{3.9}
\end{equation*}
$$

Here an important difference with respect to the FRpnQRPA equations should be pointed out. There, the quasiparticle energies defining the poles in the dispersion equation for the
$F R p n Q R P A$ roots are of the types $E_{p}+E_{n}$ and $E_{p}-E_{n}$. They show up due to the commutation relations of the basic operators involved in the phonon operator with the independent quasiparticle term of the model Hamiltonian. The difference is caused by the gauge projection operation. The space of $p n$ dipole states, $\mathcal{S}$, is written as a sum of three subspaces defined as:

$$
\begin{align*}
\mathcal{S}_{+} & =\left\{(p, n) \mid D_{1}(p n)>0, \quad E^{\text {ren }}(p n)>0,\right\}, \quad \mathcal{S}_{-}=\left\{(p, n) \mid D_{1}(p n)<0, \quad E^{\text {ren }}(p n)<0,\right\} \\
\mathcal{S}_{s p} & =\mathcal{S}-\left(\mathcal{S}_{+}+\mathcal{S}_{-}\right) \\
\mathcal{N}_{ \pm} & =\operatorname{dim}\left(\mathcal{S}_{ \pm}\right), \mathcal{N}_{s p}=\operatorname{dim}\left(\mathcal{S}_{s p}\right) \\
\mathcal{N} & =\mathcal{N}_{+}+\mathcal{N}_{-}+\mathcal{N}_{s p} \tag{3.10}
\end{align*}
$$

The third line of the above equations specifies the dimensions of these subspaces. In $\mathcal{S}_{+}$one defines the renormalized operators:

$$
\begin{equation*}
\overline{\mathcal{A}}_{1 \mu}^{\dagger}(p n)=\frac{1}{\sqrt{D_{1}(p n)}} \mathcal{A}_{1 \mu}^{\dagger}(p n), \quad \overline{\mathcal{A}}_{1 \mu}(p n)=\frac{1}{\sqrt{D_{1}(p n)}} \mathcal{A}_{1 \mu}(p n) \tag{3.11}
\end{equation*}
$$

while in $\mathcal{S}_{-}$the renormalized operators are:

$$
\begin{equation*}
\overline{\mathcal{F}}_{1 \mu}^{\dagger}(p n)=\frac{1}{\sqrt{\left|D_{1}(p n)\right|}} \mathcal{A}_{1 \mu}(p n), \quad \overline{\mathcal{F}}_{1 \mu}(p n)=\frac{1}{\sqrt{\left|D_{1}(p n)\right|}} \mathcal{A}_{1 \mu}^{\dagger}(p n) \tag{3.12}
\end{equation*}
$$

Indeed, the operator pairs $\mathcal{A}_{1 \mu}, \mathcal{A}_{1 \mu}^{\dagger}$ and $\mathcal{F}_{1 \mu}, \mathcal{F}_{1 \mu}^{\dagger}$ satisfy commutation relations of boson type. An $p n Q R P A$ treatment within $\mathcal{S}_{s p}$ would yield either vanishing or negative energies. The corresponding states are therefore spurious. $F R p n Q R P A$ with the gauge symmetry projected defines the phonon operator as:

$$
\begin{equation*}
\Gamma_{1 \mu}^{\dagger}=\sum_{k}\left[X(k) \overline{\mathcal{A}}_{1 \mu}^{\dagger}(k)+Z(k) \overline{\mathcal{F}}_{1 \mu}^{\dagger}(k)-Y(k) \overline{\mathcal{A}}_{1-\mu}(k)(-)^{1-\mu}-W(k) \overline{\mathcal{F}}_{1-\mu}(k)(-)^{1-\mu}\right] \tag{3.13}
\end{equation*}
$$

The summation in the defining equation (3.13) is restricted to the the existence domain of the operators to which is applied. Thus, when the term is containing one of the operators $\overline{\mathcal{A}}_{1 \mu}^{\dagger}(k), \overline{\mathcal{A}}_{1-\mu}(k)(-)^{1-\mu}$, then $k \in \mathcal{S}_{+}$. Also, for the terms involving the operators $\overline{\mathcal{F}}_{1 \mu}, \overline{\mathcal{F}}_{1 \mu}^{\dagger}$ the summation is restricted to $k \in \mathcal{S}_{-}$.

The phonon amplitudes are determined by the equations:

$$
\begin{equation*}
\left[H, \Gamma_{1 \mu}^{\dagger}\right]=\omega \Gamma_{1 \mu}^{\dagger},\left[\Gamma_{1 \mu}, \Gamma_{1 \mu^{\prime}}^{\dagger}\right]=\delta_{\mu, \mu^{\prime}} \tag{3.14}
\end{equation*}
$$

Thus, the phonon amplitudes are obtained by solving the $G R F R p n Q R P A$ equations:

$$
\left(\begin{array}{cccc}
A_{11} & A_{12} & B_{11} & B_{12}  \tag{3.15}\\
A_{21} & A_{22} & B_{21} & B_{22} \\
-B_{11} & -B_{12} & -A_{11} & -A_{12} \\
-B_{21} & -B_{22} & -A_{21} & -A_{22}
\end{array}\right)\left(\begin{array}{c}
X(p n) \\
Z(p n) \\
Y(p n) \\
W(p n)
\end{array}\right)=\omega\left(\begin{array}{c}
X\left(p_{1} n_{1}\right) \\
Z\left(p_{1} n_{1}\right) \\
Y\left(p_{1} n_{1}\right) \\
W\left(p_{1} n_{1}\right)
\end{array}\right)
$$

where the involved matrices are analytically given in Appendix A. In Ref.[16], the above equations were written in a compact form, under the form of a dispersion equation for the excitation energies. Also the phonon amplitude have been analytically expressed.

Matrix dimension for $A_{11}$ and $B_{11}$ is $\mathcal{N}_{+} \times \mathcal{N}_{+}$, while for $A_{22}$ and $B_{22}$ is $\mathcal{N}_{-} \times \mathcal{N}_{-}$. The off diagonal sub-matrices $A_{12}$ and $B_{12}$ have the dimension $\mathcal{N}_{+} \times \mathcal{N}_{-}$, while $A_{12}$ and $B_{12}$ are of the $\mathcal{N}_{-} \times \mathcal{N}_{+}$type.

In order to solve Eqs.(3.15) we need to know $D_{1}(p n)$ and, therefore, the averages of the $q p$ 's number operators, $\hat{N}_{p}$ and $\hat{N}_{n}$. These are written first in particle representation and then the particle number conserving term is expressed as a linear combination of $\mathcal{A}^{\dagger} \mathcal{A}$ and $\mathcal{F}^{\dagger} \mathcal{F}$ chosen such that their commutators with $\mathcal{A}^{\dagger}, \mathcal{A}$ and $\mathcal{F}^{\dagger}, \mathcal{F}$ are preserved. The final result is:

$$
\begin{align*}
& \left\langle\hat{N}_{p}\right\rangle=V_{p}^{2}\left(2 I_{p}+1\right)+3\left(U_{p}^{2}-V_{p}^{2}\right)\left(\sum_{\substack{n^{\prime}, k \\
\left(p, n^{\prime}\right) \in \mathcal{S}_{+}}} D_{1}\left(p, n^{\prime}\right)\left(Y_{k}\left(p, n^{\prime}\right)\right)^{2}-\sum_{\substack{n^{\prime}, k \\
\left(p, n^{\prime}\right) \in \mathcal{S}_{-}}} D_{1}\left(p, n^{\prime}\right)\left(W_{k}\left(p, n^{\prime}\right)\right)^{2}\right), \\
& \left\langle\hat{N}_{n}\right\rangle=V_{n}^{2}\left(2 I_{n}+1\right)+3\left(U_{n}^{2}-V_{n}^{2}\right)\left(\sum_{\substack{p^{\prime}, k \\
\left(p^{\prime}, n\right) \in \mathcal{S}_{+}}} D_{1}\left(p^{\prime}, n\right)\left(Y_{k}\left(p^{\prime}, n\right)\right)^{2}-\sum_{\substack{p^{\prime}, k \\
\left(p^{\prime}, n\right) \in \mathcal{S}_{-}}} D_{1}\left(p^{\prime}, n\right)\left(W_{k}\left(p^{\prime}, n\right)\right)^{2}\right) \tag{3.16}
\end{align*}
$$

Eqs.(3.15), (3.16) and (3.8) are to be simultaneously considered and solved iteratively. It is worth mentioning that using the quasiparticle representation for the basic operators $\mathcal{A}_{1 \mu}^{\dagger}, \mathcal{F}_{1 \mu}^{\dagger}, \mathcal{A}_{1,-\mu}(-1)^{1-\mu}, \mathcal{F}_{1,-\mu}(-)^{1-\mu}$ (see Eqs.(3.1), (3.11) and (3.12)), one obtains for $\Gamma_{1 \mu}^{\dagger}$ an expression which involves the scattering $p n$ operators. Thus, the present approach is, indeed, the GRFRpnQRPA.

## IV. THE $2 \nu \beta \beta$ PROCESS

The formalism presented above was used to describe the $2 \nu \beta \beta$ process. If the energy carried by leptons in the intermediate state is approximated by the sum of the rest energy
of the emitted electron and half the Q-value of the double beta decay process

$$
\begin{equation*}
\Delta E=\frac{1}{2} Q_{\beta \beta}+m_{e} c^{2}, \tag{4.1}
\end{equation*}
$$

the reciprocal value of the $2 \nu \beta \beta$ half-life can be factorized as:

$$
\begin{equation*}
\left(T_{1 / 2}^{2 \nu \beta \beta}\right)^{-1}=F\left|M_{G T}\left(0_{i}^{+} \rightarrow 0_{f}^{+}\right)\right|^{2}, \tag{4.2}
\end{equation*}
$$

where F is an integral on the phase space, independent of the nuclear structure, while $\mathrm{M}_{G T}$ stands for the Gamow-Teller transition amplitude and has the expression:

$$
\begin{equation*}
M_{G T}=\sqrt{3} \sum_{k, k^{\prime}} \frac{{ }_{i}\left\langle 0\left\|\beta_{i}^{+}\right\| 1_{k}\right\rangle_{i i}\left\langle 1_{k} \mid 1_{k^{\prime}}\right\rangle_{f f}\left\langle 1_{k^{\prime}}\left\|\beta_{f}^{+}\right\| 0\right\rangle_{f}}{E_{k}+\Delta E+E_{1^{+}}} \tag{4.3}
\end{equation*}
$$

In the above equation, the denominator consists of three terms: a) $\Delta E$, which was already defined, b) the average value of the k-th $G R F R p n Q R P A$ energies in mother and daughter nuclei respectively, normalized to the particular value corresponding to $\mathrm{k}=1$, and c ) the experimental energy for the lowest $1^{+}$state. The indices carried by the $\beta^{+}$operators indicate that they act in the space spanned by the $G R F R p n Q R P A$ states associated to the initial $(i)$ or final $(f)$ nucleus. The overlap m.e. of the single phonon states in the initial and final nuclei respectively, are calculated within $G R F R p n Q R P A$. In Eq.(4.3), the Rose convention for the reduced m.e. is used [26].

Note that if we restrict the $p n$ space to $\mathcal{S}_{+}$and, moreover, the dipole-pairing interaction is ignored, $M_{G T}$ vanishes due to the second leg of the transition. Indeed, the m.e. associated to the daughter nucleus is of the type ${ }_{f}\langle 0|\left(c_{n}^{\dagger} c_{p}\right)_{1 \mu}\left(c_{n}^{\dagger} c_{p}\right)_{1 \mu}|o\rangle_{f}$, which is equal to zero due to the Pauli principle restriction. In this case the equations of motion are of Tamm-Dankoff type and, therefore, the ground state correlations are missing. In order to induce the necessary correlations we have either to extend the formalism in the space $\mathcal{S}_{-}$, or to allow the $p h$ excitations to interact via a pairing like force. Also, we remark that the operator $\overline{\mathcal{A}}_{1 \mu}^{\dagger}$ plays the role of a $\beta^{-}$transition operator, while when $\overline{\mathcal{F}}_{1 \mu}^{\dagger}$ or $\mathcal{A}_{1 \mu}$ is applied on the ground state of the daughter nucleus, it induces a $\beta^{+}$transition. Therefore, the $2 \beta$ decay cannot be described by considering the $\beta^{-}$transition alone.

## V. NUMERICAL APPLICATION AND DISCUSSIONS

The approach presented in the previous sections was applied for the transitions of four double beta emitters: ${ }^{48} \mathrm{Ca},{ }^{76} \mathrm{Ge},{ }^{82} \mathrm{Se},{ }^{96} \mathrm{Zr},{ }^{104} \mathrm{Ru},{ }^{110} \mathrm{Pd},{ }^{128,130} \mathrm{Te},{ }^{148,150} \mathrm{Nd},{ }^{154} \mathrm{Sm}$, and
${ }^{160} \mathrm{Gd}$. We present first the parameters involved in our calculations.

## A. Parameters

The parameters defining the single particle energies are those of the spherical shell model, the deformation parameter $d$ and the parameter $k$ relating the quadrupole coordinate with the quadrupole bosons, as shown in Eq.(2.2). These are fixed as described in Ref.[19]. As proved in Refs.[28, 29], the parameter $d$ and the nuclear deformation $\beta$ are linearly related. This linear dependence is presented separately for mother and daughter nuclei, in Fig. 2. Note that except for ${ }^{48} \mathrm{Ca},{ }^{128,130} \mathrm{Te}$, all double beta emitters considered here are deformed. Concerning the daughter nuclei, except for ${ }^{48} \mathrm{Ti}$, they are also deformed. Moreover, the deformations characterizing the mother and daughter nuclei are different from each other. Actually these data justify the use of deformed single particle states. While the core system energies depend quadratically on the deformation parameter $d$, the single particle energies comprise a term linear in $d$ due to the particle core interaction. In this way energies corresponding to a negative $d$ are associated to an oblate shape (see Fig. 1). For example the deformation parameters of ${ }^{104} \mathrm{Ru},{ }^{104,110} \mathrm{Pd}$ and ${ }^{110} \mathrm{Cd}$ resulting from energy minimization are negative. On the other hand, according to Ref.[30] the isotopic chains ${ }^{108-120} \mathrm{Ru},{ }^{112-118} \mathrm{Pd}$ and ${ }^{112-118} \mathrm{Cd}$ exhibit an oblate shape. It is worth mentioning that in Ref.[31] the predicted mass intervals for oblate shape are different from the above mentioned one: ${ }^{110-123} \mathrm{Ru},{ }^{111-123} \mathrm{Pd}$ and ${ }^{115-119} \mathrm{Cd}$. The reason is that they correspond to different mean fields. Since the mean field used here differ from those of the mentioned references the phase transition to the oblate shape takes place for a smaller atomic mass.

The proton and neutron pairing strengths are slightly different from those given in the quoted reference since the dimension of the single particle basis used in the present paper is different from that from Ref.[19].

The strength of the dipole $p n$ two-body interaction was taken to be

$$
\begin{equation*}
\chi=\frac{5.2}{A^{0.7}} \mathrm{MeV} . \tag{5.1}
\end{equation*}
$$

This expression was obtained by fitting the positions of the GT resonances in ${ }^{40} \mathrm{Ca},{ }^{90} \mathrm{Zr}$ and ${ }^{208} \mathrm{~Pb}[27]$. The strength for the attractive $p n$ two-body interaction was chosen so that the result for the $\log f t$ value associated to one of the single beta decay of the intermediate


FIG. 2: The relation between the deformation parameter $d$ and the nuclear deformation $\beta$.
odd-odd nucleus, be close to the corresponding experimental data. If the experimental data are missing, the restriction refers to the existent data in the neighboring region. The results for the fitted parameters are given in Table I. There we give also the result for the Ikeda Sum Rule (ISR).

The BCS calculations are performed by using a certain number of states outside an inert

|  | d | k | $G_{p}[\mathrm{MeV}]$ | $G_{n}[\mathrm{MeV}]$ | $I S R / 3$ | $\chi[\mathrm{MeV}]$ | $X_{d p}[\mathrm{MeV}]$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ${ }^{48} \mathrm{Ca}$ | 0.3 | 8. | 0.42 | 0.43 | 8.04 | 0.346 | 0.253 |
| ${ }^{48} \mathrm{Ti}$ | 0.05 | 8. | 0.46 | 0.36 | 4.04 | 0.346 | 0.253 |
| ${ }^{76} \mathrm{Ge}$ | 1.6 | 10. | 0.22 | 0.382 | 11.99 | 0.250 | 0.609 |
| ${ }^{76} \mathrm{Se}$ | 1.9 | 10. | 0.24 | 0.325 | 7.99 | 0.250 | 0.609 |
| ${ }^{82} \mathrm{Se}$ | 0.2 | 9. | 0.261 | 0.344 | 14.00 | 0.238 | 0.143 |
| ${ }^{82} \mathrm{Kr}$ | 0.2 | 9. | 0.24 | 0.268 | 10.01 | 0.238 | 0.143 |
| ${ }^{96} \mathrm{Zr}$ | 1.5 | 12. | 0.18 | 0.343 | 16.08 | 0.213 | 0.106 |
| ${ }^{96} \mathrm{Mo}$ | 1.2 | 10. | 0.22 | 0.338 | 11.99 | 0.213 | 0.106 |
| ${ }^{104} \mathrm{Ru}$ | -1.55 | 12. | 0.18 | 0.35 | 16.00 | 0.201 | 0.502 |
| ${ }^{104} \mathrm{Pd}$ | -1.35 | 9. | 0.18 | 0.275 | 12.00 | 0.201 | 0.502 |
| ${ }^{110} \mathrm{Pd}$ | -1.6 | 10. | 0.16 | 0.306 | 18.05 | 0.194 | 0.775 |
| ${ }^{110} \mathrm{Cd}$ | -0.8 | 10. | 0.16 | 0.3105 | 13.97 | 0.194 | 0.775 |
| ${ }^{128} \mathrm{Te}$ | 0.5 | 8. | 0.12 | 0.266 | 24.05 | 0.450 | 0.436 |
| ${ }^{128} \mathrm{Xe}$ | 1.7 | 8. | 0.12 | 0.2518 | 20.02 | 0.450 | 0.436 |
| ${ }^{130} \mathrm{Te}$ | 0.493 | 12. | 0.10 | 0.292 | 26.00 | 0.7 | 0.840 |
| ${ }^{130} \mathrm{Xe}$ | 1.4 | 12. | 0.11 | 0.286 | 21.94 | 0.7 | 0.840 |
| ${ }^{148} \mathrm{Nd}$ | 1.555 | 14. | 0.11 | 0.2516 | 28.02 | 0.157 | 0.142 |
| ${ }^{148} \mathrm{Sm}$ | 1.555 | 14. | 0.11 | 0.225 | 24.04 | 0.157 | 0.142 |
| ${ }^{150} \mathrm{Nd}$ | 1.952 | 16. | 0.10 | 0.254 | 30.05 | 0.156 | 0.016 |
| ${ }^{150} \mathrm{Sm}$ | 1.952 | 16. | 0.11 | 0.235 | 26.08 | 0.156 | 0.016 |
| ${ }^{154} \mathrm{Sm}$ | 2.29 | 16. | 0.10 | 0.316 | 30.08 | 0.153 | 0.138 |
| ${ }^{154} \mathrm{Gd}$ | 2.29 | 14. | 0.11 | 0.27 | 26.01 | 0.153 | 0.138 |
| ${ }^{160} \mathrm{Gd}$ | 2.714 | 10. | 0.11 | 0.3 | 32.07 | 0.149 | 0.298 |
| ${ }^{160} \mathrm{Dy}$ | 2.714 | 8. | 0.11 | 0.2578 | 28.02 | 0.149 | 0.298 |

TABLE I: The deformation parameter d , the pairing interaction strengths for protons $\left(G_{p}\right)$ and neutrons $\left(G_{n}\right)$, the GT dipole $(\chi)$ and dipole-pairing ( $X_{d p}$ ) interaction strengths used in our calculations. We also give the parameter $k$ relating the quadrupole coordinates and bosons (this is involved in the expression of the single particle energies). Results for $I S R / 3$ are to be compared with the corresponding $N-Z$ values.
core. The core system for the twelve decays is defined by the $(Z, N)$, listed in Table II. Therein, one may find also the number of single particle double degenerate states used in our calculations. In order to perform the $G R F R p n Q R P A$ we have to divide the space of proton-neutron dipole states, $\mathcal{S}$, into three subspaces $\left(\mathcal{S}_{+}, \mathcal{S}_{-}, \mathcal{S}_{s p}\right)$, according to the definition given by Eq. (3.10). The dimensions for the spaces $\left(\mathcal{S}_{+}, \mathcal{S}_{-}, \mathcal{S}\right)$ for the mother $\left(D_{1}\right)$ and daughter $\left(D_{2}\right)$ nuclei are also listed. As explain in the body of the previous sections, the $G R F R p n Q R P A$ equations together with the constraint equations are to be solved iteratively. In Table II, we give the number of iterations which are necessary in order to achieve the process convergence.

| Nucleus | core's (Z,N) | Number <br> of states | $D_{1}$ | $D_{2}$ | Number of <br> iterations |
| :---: | :---: | :---: | :---: | :---: | :---: |
| ${ }^{48} \mathrm{Ca}$ | $(0,0)$ | 31 | $(96,0,103)$ | $(79,7,103)$ | 7 |
| ${ }^{76} \mathrm{Ge}$ | $(20,20)$ | 31 | $(96,0,119)$ | $(83,0,119)$ | 5 |
| ${ }^{82} \mathrm{Se}$ | $(20,20)$ | 37 | $(107,0,135)$ | $(95,0,135)$ | 4 |
| ${ }^{96} \mathrm{Zr}$ | $(20,20)$ | 39 | $(116,0,141)$ | $(105,8,141)$ | 15 |
| ${ }^{104} \mathrm{Ru}$ | $(26,26)$ | 39 | $(118,1,140)$ | $(111,2,140)$ | 7 |
| ${ }^{110} \mathrm{Pd}$ | $(26,26)$ | 43 | $(146,0,162)$ | $(125,7,162)$ | 6 |
| ${ }^{128} \mathrm{Te}$ | $(28,28)$ | 60 | $(191,0,228)$ | $(185,1,232)$ | 5 |
| ${ }^{130} \mathrm{Te}$ | $(42,42)$ | 67 | $(204,0,242)$ | $(182,0,244)$ | 6 |
| ${ }^{148} \mathrm{Nd}$ | $(40,40)$ | 51 | $(158,3,203)$ | $(168,1,203)$ | 5 |
| ${ }^{150} \mathrm{Nd}$ | $(40,40)$ | 57 | $(203,2,246)$ | $(197,1,246)$ | 4 |
| ${ }^{154} \mathrm{Sm}$ | $(40,40)$ | 57 | $(203,0,249)$ | $(204,3,249)$ | 9 |
| ${ }^{160} \mathrm{Gd}$ | $(40,40)$ | 59 | $(216,1,253)$ | $(215,0,253)$ | 14 |

TABLE II: The number of single particle proton states lying above the ( $\mathrm{Z}, \mathrm{N}$ ) core is given. The single particle space for neutrons is identical to that for protons. $D_{1}$ and $D_{2}$ are the dimensions of the spaces $\mathcal{S}_{+}, \mathcal{S}_{-}, \mathcal{S}$ defined in the text, for the mother and daughter nuclei, respectively. The dimension of the $G R F R p n Q R P A$ matrix is equal to the sum of the $\mathcal{S}_{+}$and $\mathcal{S}_{-}$dimensions. Also, the number of steps necessary for the iterative procedure convergence, are listed.

## B. Single beta transition strengths $B\left(G T^{ \pm}\right)$

Since the double beta matrix elements are expressed as a product of two reduced matrix elements one associated to the $\beta^{-}$transition of the mother nucleus, while the second one to the $\beta^{+}$transition of the daughter nucleus, it is worthwhile to study the strength distribution over the $G R F R p n Q R P A$ energies, for the two transitions.

Using the data shown in Tables I and II as input, we calculated the distribution of the $\beta^{ \pm}$strengths with the result shown in Figs.1-3. The energy intervals where both strengths are large, contribute significantly to the double beta transition amplitude. The $\beta^{-}$strength is fragmented among the $G R F R p n Q R P A$ states reflecting the fact that the single particle states are deformed. The $\beta^{-}$strengths for the emitters considered in Fig. 1 exhibit three major peaks. ${ }^{48} \mathrm{Ca}$ and ${ }^{76} \mathrm{Ge}$ have one additional small bump close to the last and intermediate major peaks, respectively. The $\beta^{-}$strength of ${ }^{48} \mathrm{Ca}$ has been studied in Ref.[45] where the GT resonance has been populated in the reaction ${ }^{48} C a(p, n)^{48} S c$. It was shown that the GT resonance is spread over an energy interval between 4.5 and 14.5 MeV . As seen from Fig.1, the results of our calculations concerning the width of the GT resonance agree with the mentioned experimental data. In ${ }^{76} \mathrm{Ge}$ and ${ }^{82} \mathrm{Se}$ the strength distribution has been studied in the reactions ${ }_{32}^{76} G e(p, n){ }_{33}^{76} \mathrm{As}$ and ${ }_{34}^{82} S e(p, n)_{35}^{82} \mathrm{Br}$ [47], respectively. The $\mathrm{B}(\mathrm{GT})$ values have been extracted from the excitation energy spectrum. These values have been folded with a Gaussian with a width of 1 MeV and plotted in Fig. 2 to be compared with the results of our calculation. We notice that the centroids of the large peaks from ${ }^{76} \mathrm{Ge}$ lie close to those shown by the experimental data. Concerning ${ }^{82} \mathrm{Se}$, the large peak is nicely described. The centroids of the two smaller peaks lie close to the peaks predicted by our calculations. It is worth mentioning that it is hard to make a fair comparison between the magnitudes of the peaks in our calculations and those extracted from the experimental data. Indeed, the total experimental $B^{\prime}\left(G T^{-}\right)$strengths for ${ }^{76} \mathrm{Ge}$ and ${ }^{82}$ Se represent only 65 and $59 \%$ respectively, from the (N-Z) value [47]. We notice that the $\beta^{-}$strength has a little bump below 2.5 MeV which is specific to the fully renormalized formalism, this strength being carried by the scattering terms amplitude. The new terms in the phonon operator manifest even more clearly in the $\beta^{+}$strength where in three cases a peak close to zero shows up. Note that while in the $\beta^{-}$case there is no strength beyond the last major peak, for the $\beta^{+}$case small peaks show up after the major peak. This feature is most evident
in ${ }^{76} \mathrm{Se}$ and ${ }^{82} \mathrm{Kr}$. Due to the overlap of their energy spread with that of the major peak in the distribution of the $\beta^{-}$strength, they contribute significantly to the GT transition amplitude.

The $\beta^{-}$strengths shown in Fig. 2 exhibit some specific features. ${ }^{104} \mathrm{Ru}$ and ${ }^{110} \mathrm{Pd}$ exhibit a low energy peak centered at about 1 MeV , while the GTR is spread over a wide interval ranging from 2.5 to 12.8 MeV with the strength shared mainly by three peaks. The $\beta^{-}$ strength distributions for ${ }^{128} \mathrm{Te}$ and ${ }^{130} \mathrm{Te}$ start with a wide peak spread over the interval 0 to 5 MeV and continue with the GTR located between 5 and 14 MeV . The experimental $\beta^{-}$ strength for these nuclei were extracted from the excitation energy spectrum at 0.3 deg and 134.4 MeV, measured in the reactions ${ }^{128} \mathrm{Te}(\mathrm{p}, \mathrm{n})^{128} \mathrm{I}$ and ${ }^{130} \mathrm{Te}(\mathrm{p}, \mathrm{n})^{130} \mathrm{I}$, respectively [47]. Our calculations confirm the three peak and four peak structure in the two nuclei. However, the highest peak in our calculations is the first one while the experimental dominant peak is the last one, located at 13.14 MEV in ${ }^{128} \mathrm{Te}$ and 13.59 MeV in ${ }^{130} \mathrm{Te}$ [47]. Also, we note that the theoretical peaks are not sharply separated as suggested by the experimental data after eliminating the background contribution to the GTR.

Again, the relevance of comparing the results with the corresponding experimental data is dictated by the fact that the total experimental $B^{\prime}\left(G T^{-}\right)$strengths for ${ }^{128} \mathrm{Te}$ and ${ }^{130} \mathrm{Te}$, accounting also for the contribution of the background, represent only 72 and $71 \%$ respectively, from the (N-Z) value [47]. Eliminating the background contribution to the total strength, as happens in Fig. 2, the total measured strength amounts about 56 and $59 \%$, respectively. The $\beta^{-}$strength seen below 2.5 MeV , which is specific to the fully renormalized formalism, seems to be carried by the scattering terms amplitude. The new terms in the phonon operator manifest also in the $\beta^{+}$strength distribution where in three cases a peak close to zero shows up. While for the first two nuclei the dominant peaks in the $\beta^{+}$strength are in the low energy region for the two isotopes of Te the peak centroid energies are almost identical to the corresponding GTR centroid energies.

What might be the origin of the discrepancy of theoretical and experimental $\beta^{-}$strength for ${ }^{128,130} \mathrm{Te}$ ? In what follows we attempt answering this question by commenting on some relevant features. In Ref.[32], Zamick and Auerbach explained the large decay rate of ${ }^{76} \mathrm{Ge}$ by the fact that the contributions from different shell transitions add coherently because the matrix elements of the interaction operator has the same sign. However, a destructive effect may appear due the mixing of the intermediate states or due to the four-quasiparticle
admixture in the ground state [33]. In our formalism both situations are met which results in having a maximal effect for ${ }^{128,130} \mathrm{Te}$ where the the GT resonance is very much diminished. Perhaps this picture changes if a better algorithm for fixing the strength of the attractive interaction is found. A similar situation appeared when the dipole-dipole interaction was simultaneously considered in the $p h$ and $p p$ channels. Indeed, the GT transition amplitude is very sensitive at changing the $p p$ interaction strength. Therefore to increase the predictive power of the formalism a method of fixing this strength was necessary. In Refs.[34, 35] the mentioned strength was fixed by the constraint of minimizing the $\beta^{+}$transition strength. For this value, within the pnQRPA formalism, the isospin and Wigner $\operatorname{SU}(4)$ symmetries are maximally restored. When these symmetries are valid the GT resonance consists of one collective state and the $\beta^{+}$strength is equal to zero, which is a specific feature for the strong coupling limit. However for deformed nuclei, as are most of decaying isotopes considered here, the two symmetries are broken both by the adopted approximations (like BCS) and the nuclear deformation. Although the attractive $p n$ interactions used here and in Ref.[35], are different from each other, we notice that the shape of the $\beta^{-}$strength obtained here is similar to that from the quoted reference in the unperturbed limit of the transition operator. However, since the pairing dipole interaction is attractive there is a critical value where one solution of the pnQRPA equation is vanishing. The corresponding phonon operator becomes Hermitian and cannot be normalized to unity. Moreover, it plays the role of a symmetry generator. In case of the Fermi interaction this symmetry expresses the invariance against any rotation around the OX axis in the isospin space. This symmetry shows up as a signature for the breaking down of the pnQRPA approach and reflects a phase transition of the nucleon system. For the critical value of the attractive interaction the strength for the $\beta^{+}$transition of the daughter nucleus is vanishing. The $\beta^{-}$strength of the mother nucleus is however different from zero (the pnQRPA breaking down in the mother nucleus takes place for a larger interaction strength than in the daughter nucleus) and not concentrated in a single state. This critical behavior can be avoided by choosing the mean field to be consistent with the attractive proton-neutron interaction. In Ref.[36] this feature was studied for Fermi interaction and, indeed, the first pnQRPA root plotted as function of the $p p$ interaction strength is not vanishing but has a minimum value which corresponds to a minimum value of the $\beta^{+}$decay strength of the daughter nucleus. Another issue related with our treatment is the fact that the Fermi transitions are ignored. Such hypothesis is only approximately
valid and moreover the position of the isobar analog state (IAS) is about the same as that of the GT resonance. This suggests that a way to improve the description of the single $\beta^{-}$ GT transition strength would be find a better way of fixing the strength of the attractive interaction strength and to simultaneously treat the GT and Fermi transitions.

The $\beta^{-}$strength distributions for the double beta emitters ${ }^{148,150} \mathrm{Nd},{ }^{154} \mathrm{Sm}$ and ${ }^{160} \mathrm{Gd}$ are presented in Fig. 3. For the first two transitions the $\beta^{-}$strength has a dominant peak, which is just the GT resonance. For ${ }^{154} \mathrm{Sm}$ and ${ }^{160} \mathrm{Gd}$, one and two additional peaks show up at lower energy and with a height comparable to that of the GT resonance. The $\beta^{+}$ strength is also fragmented but exhibits a single dominant peak located at an energy close to the GT resonance centroid. For the transitions of ${ }^{154} \mathrm{Gd}$ and ${ }^{160} \mathrm{Dy}$ an important amount of strength is accumulated in the low part of the spectrum. Actually this appear to be an effect caused by the scattering terms from the phonon operator.

As seen from Table I the results of our calculations for single beta transition strengths obey the ISR.

An interesting result which is worth to be mentioned, concerns the summed strength for the $\beta^{-}$and $\beta^{+}$transition, denoted conventionally, by $\sum B\left(G T^{-}\right)$and $\sum B\left(G T^{+}\right)$, respectively. These single $\beta$ decay strengths quenched with a factor of 0.6 [32], accounting for the polarization effects on the single- $\beta$ transition operator, ignored in the present paper, are listed in Table III. Actually, the quenched values are to be compared with the experimental data, since the measured $\mathrm{B}(\mathrm{GT})$ strength represents about $60 \%-70 \%$ of the strength corresponding to the ISR.

The experimental value for the summed $B\left(G T^{-}\right)$of ${ }^{48} \mathrm{Ca}$ is taken from Ref.[44], where from the total strength, which amounts about $15.3 \pm 2.2$, the contribution of isovector spin monopole states was extracted. The result was obtained with the reaction ${ }^{48} \mathrm{Ca}(\mathrm{p}, \mathrm{n})^{48} \mathrm{Sc}$, and corresponds to a large energy excitation interval, from 0 to 30 MeV .

In Ref.[47] the total GT strength, for ${ }^{76} \mathrm{Ge}$ and ${ }^{82} \mathrm{Se}$, consists of the sum of the strength observed in the peaks plus the estimated contribution from the background. The experimental results correspond to 65 and $59 \%$ of the $3(\mathrm{~N}-\mathrm{Z})$ sum rule. According to Ref.[45], by adding to the GT cross section in discrete states the contribution from the background and that of continuum, the total strength magnitude is much improved to a better obey of the sum rule. We note a good agreement between the results of our calculations for the summed $\beta^{-}$strength and the corresponding experimental data.


FIG. 3: One third of the single $\beta^{-}$(left column) and one third of the $\beta^{+}$(right column) strengths, denoted by $B^{\prime}\left(G T^{-}\right)$and $B^{\prime}\left(G T^{+}\right)$, for the mother, ${ }^{48} \mathrm{Ca},{ }^{76} \mathrm{Ge},{ }^{82} \mathrm{Se}$ and ${ }^{96} \mathrm{Zr}$, and daughter, ${ }^{48} \mathrm{Ti}$, ${ }^{76} \mathrm{De},{ }^{82} \mathrm{Kr}$ and ${ }^{96} \mathrm{Mo}$, nuclei respectively, folded by a Gaussian function with a width of 1 MeV , are plotted as functions of the corresponding energies yielded by the present formalism. Note that the difference of the two strengths for the mother nucleus should amount $\mathrm{N}-\mathrm{Z}$ if the sum rule is obeyed. For ${ }^{76} \mathrm{Ge}$ and ${ }^{82} \mathrm{Se}$, the experimental data for the $\beta^{-}$strength are also presented.

| Nucleus | $0.6 \sum B(G T)^{-}$ | $\sum\left[B(G T)^{-}\right]_{\text {exp }}$ | Nucleus | $0.6 \sum B(G T)^{+}$ | $\sum\left[B(G T)^{+}\right]_{\text {exp }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| ${ }^{48} \mathrm{Ca}$ | 14.54 | $14.4 \pm 2.5^{a)}$ | ${ }^{48} \mathrm{Ti}$ | 3.666 | $1.9 \pm 0.5^{a)}$ |
| ${ }^{76} \mathrm{Ge}$ | 23.037 | $23.3^{b)}$ | ${ }^{76} \mathrm{Se}$ | 1.125 | $\left.1.45 \pm 0.07^{c}\right)$ |
| ${ }^{82} \mathrm{Se}$ | 25.372 | $24.6^{b)}$ | ${ }^{82} \mathrm{Kr}$ | 0.079 | - |
| ${ }^{96} \mathrm{Zr}$ | 29.163 | - | ${ }^{96} \mathrm{Mo}$ | 2.537 | $0.29 \pm 0.08^{d)}$ |
| ${ }^{104} \mathrm{Ru}$ | 32.921 | - | ${ }^{104} \mathrm{Pd}$ | 3.990 | - |
| ${ }^{110} \mathrm{Pd}$ | 32.932 | - | ${ }^{110} \mathrm{Cd}$ | 7.239 | - |
| ${ }^{128} \mathrm{Te}$ | 43.485 | $40.08^{b)}$ | ${ }^{128} \mathrm{Xe}$ | 2.917 | - |
| ${ }^{130} \mathrm{Te}$ | 47.432 | $45.90^{b)}$ | ${ }^{130} \mathrm{Xe}$ | 13.040 | - |
| ${ }^{148} \mathrm{Nd}$ | 51.74 | - | ${ }^{148} \mathrm{Sm}$ | 1.29 | - |
| ${ }^{150} \mathrm{Nd}$ | 54.11 | - | ${ }^{150} \mathrm{Sm}$ | 0.02 | - |
| ${ }^{154} \mathrm{Sm}$ | 54.68 | - | ${ }^{154} \mathrm{Gd}$ | 0.54 | - |
| ${ }^{160} \mathrm{Gd}$ | 57.93 | - | ${ }^{160} \mathrm{Dy}$ | 0.21 | - |

TABLE III: The calculated summed strengths for the $\beta^{-}$strength associated to the mother nuclei and the summed $\beta^{+}$strengths for the daughter nuclei, quenched by a factor 0.6 , are are compared with the corresponding available data. Experimental data for total $\mathrm{B}\left(\mathrm{GT}^{-}\right)$are taken from Refs. [44] $\left({ }^{(a)}\right),[47]\left({ }^{b}\right),[48]\left({ }^{(c)}\right),[51]\left({ }^{(d)}\right)$

The experimental data for the summed $B\left(G T^{+}\right)$transition of ${ }^{48} \mathrm{Ti}$, was taken from Ref.[44]. This result was obtained after extracting the contribution of the isovector spin monopole states from the total strength of $2.8 \pm 0.3$. The reaction ${ }^{48} \mathrm{Ti}(\mathrm{n}, \mathrm{p})^{48} \mathrm{Sc}$ was used to study the $B\left(G T^{+}\right)$strength for excitation energies up to 30 MeV . This value for the total strength is larger than that reported by Alford et al., in Ref. [46]

$$
\begin{equation*}
\sum B\left(G T^{+}\right)=1.42 \pm 0.2 \tag{5.2}
\end{equation*}
$$

where only contribution of states with excitation energies up to 15 MeV are taken into account. This comparison shows that, indeed, the $\mathrm{B}(\mathrm{GT})$ strength is sensitive to the magnitude of the considered energy interval. In this context we mention the results obtained through the charge exchange reactions $\left({ }^{3} \mathrm{He}, \mathrm{t}\right)$ and ( $\left.\mathrm{d},{ }^{2} \mathrm{He}\right)$ on ${ }^{48} \mathrm{Ca}$ and ${ }^{48} \mathrm{Ni}$ respectively [49], for $B\left(G T^{-}\right)$and $B\left(G T^{+}\right)$with an excitation energy interval $E_{x} \leq 5 \mathrm{MeV}: 1.43(38)$, 0.45 .

The GT strength from the ${ }^{76} \mathrm{Se}(\mathrm{n}, \mathrm{p}){ }^{76} \mathrm{As}$ reaction [48] is $1.45 \pm 0.07$ and corresponds to and excitation energy $E_{x} \leq 10 \mathrm{MeV}$. The authors used the multipole decomposition method. In Ref.[50] the $B\left(G T^{+}\right)$strength was measured in a different reaction, ${ }^{76} \mathrm{Se}\left(\mathrm{d},{ }^{2} \mathrm{He}\right){ }^{76} \mathrm{As}$, and different excitation energy interval, $E_{x} \leq 4 \mathrm{MeV}$. The result reported is $\sum_{0-4 \mathrm{MeV}} B\left(G T^{+}\right)=$ $0.54 \pm 0.1$, which is smaller than that from Ref.[48]. The length of the energy intervals justifies the mentioned differences. We remark that the results for the summed $\beta^{+}$strength in ${ }^{48} \mathrm{Ti}$ and ${ }^{76} \mathrm{Se}$ are in reasonable good agreement with the corresponding experimental data.

The last strength mentioned in Table III refers to the daughter nucleus ${ }^{96} \mathrm{Mo}$. Through the reaction ${ }^{96} \mathrm{Mo}\left(\mathrm{d},{ }^{2} \mathrm{He}\right){ }^{96} \mathrm{Nb}$ the strength taken mainly by a single state, placed at 0.69 MeV , was measured. However, from Fig. 1 we note that, indeed, there is a state at 0.69 Mev which catch a certain $\beta^{+}$strength, but that strength is smaller than that distributed among the states lying in the energy interval of 1.8 to 7.5 MeV . More complete measurement through a $(p, n)$ reaction on ${ }^{96} \mathrm{Mo}$ and an energy range of $0-10 \mathrm{MeV}$ is necessary in order to make a fair comparison with the results presented here.

The quenched values of the total $\beta^{-}$strength of ${ }^{128,130} \mathrm{Te}$ are compared with the experimental data since the measured $B\left(G T^{-}\right)$strength, as we already mentioned before, represents about $56 \%$ and $59 \%$ respectively, of the strength corresponding to the ISR. There are some claims [45] saying that adding the strength carried by the states from the continuum, the total $B(G T)$ strength are corrected up to $90 \%$ of the simple sum rule. We remark the good agreement between the calculated and experimental total strength. Note that if we replace the quenching factor by 0.56 for ${ }^{128} \mathrm{Te}$ and by 0.59 for ${ }^{130} \mathrm{Te}$ the results for the total strength would be 40.586 and 46.56 respectively which are closer to the experimental data. Unfortunately for the last four mother and for the last four daughter nuclei, there are no data available for the single $\beta^{-}$and single $\beta^{+}$strengths, respectively.

## C. Transition amplitude and half life

The energy corrections involved in Eq.(4.3) for the considered double beta emitters, are:

$$
\begin{aligned}
& \Delta E\left({ }^{48} \mathrm{Ca}\right)=2.646 \mathrm{MeV}, \quad E_{1+}\left({ }^{48} S c\right)=0.338 \mathrm{MeV}, \\
& \Delta E\left({ }^{76} \mathrm{Ge}\right)=1.530 \mathrm{MeV}, \quad E_{1^{+}}\left({ }^{76} \mathrm{As}\right)=0.044 \mathrm{MeV}, \\
& \Delta E\left({ }^{82} S e\right)=2.016 M e V, \quad E_{1+}\left({ }^{82} B r\right)=0.075 \mathrm{MeV},
\end{aligned}
$$

$$
\begin{align*}
\Delta E\left({ }^{96} \mathrm{Zr}\right)=2.186 \mathrm{MeV}, \quad E_{1+}\left({ }^{160} \mathrm{Nb}\right)=1.116 \mathrm{MeV}, \\
\Delta E\left({ }^{104} \mathrm{Ru}\right)=1.161 \mathrm{MeV}, \quad E_{1+}\left({ }^{104} \mathrm{Rh}\right)=0.0 \mathrm{MeV}, \\
\Delta E\left({ }^{104} \mathrm{Pd}\right)=1.516 \mathrm{MeV}, \quad E_{1+}\left({ }^{110} \mathrm{Ag}\right)=0.0 \mathrm{MeV}, \\
\Delta E\left({ }^{128} \mathrm{Te}\right)=0.946 \mathrm{MeV}, \quad E_{1+}\left({ }^{128} \mathrm{I}\right)=0.58 \mathrm{MeV}, \\
\Delta E\left({ }^{130} \mathrm{Te}\right)=1.776 \mathrm{MeV}, \quad E_{1^{+}}\left({ }^{130} \mathrm{I}\right)=0.85 \mathrm{MeV}, \\
\Delta E\left({ }^{148} \mathrm{Nd}\right)=1.476 \mathrm{MeV}, \quad E_{1^{+}}\left({ }^{148} \mathrm{Pm}\right)=0.137 \mathrm{MeV}, \\
\Delta E\left({ }^{150} \mathrm{Nd}\right)=2.196 \mathrm{MeV}, \quad E_{1^{+}}\left({ }^{150} \mathrm{Pm}\right)=0.137 \mathrm{MeV}, \\
\Delta E\left({ }^{154} \mathrm{Sm}\right)=1.530 \mathrm{MeV}, \quad E_{1+}\left({ }^{154} \mathrm{Eu}\right)=0.046 \mathrm{MeV}, \\
\Delta E\left({ }^{160} \mathrm{Gd}\right)=0.046 \mathrm{MeV}, \quad E_{1+}\left({ }^{160} \mathrm{~Tb}\right)=0.139 \mathrm{MeV} . \tag{5.3}
\end{align*}
$$

Calculating first the GT transition amplitude and then the Fermi integral with $G_{A}=1.254$, as in Ref.[4], we obtained the half-lives given in Table IV. There we also give the experimental data taken from different sources as well as the results obtained by other procedures. From there one can see that the results of our calculations agree quite well with the corresponding experimental data. Results of Ref.[10] were obtained within a standard renormalized $p n Q R P A$ formalism and therefore the ISR is violated.

## D. Transitions of the intermediate odd-odd nucleus

The intermediate odd-odd nuclei involved in the double beta process can, in principle, perform the transition $\beta^{+} / E C$, which results in feeding the mother nucleus of each transition. On the other hand, they can perform a $\beta^{-}$transition to the corresponding daughter nuclei. For some transitions of this type the $\log f t$ values are measured. The corresponding theoretical results are obtained by means of the expression:

$$
\begin{equation*}
f t_{\mp}=\frac{6160}{\left.{ }_{l}\left\langle 1_{1}\right|\left|\beta^{ \pm}\right||0\rangle_{l} g_{A}\right]^{2}}, l=i, f . \tag{5.4}
\end{equation*}
$$

In order to take account of the effect of distant states responsible for the " missing strength" in the giant GT resonance [4] we chose $g_{A}=1.0$. In a previous publication [19], where a standard $p n Q R P A$ approach was used, the strengths of the $p h$ and $p p$ interactions have been fixed in order to reproduce the $\log f t$ values characterizing the two transitions of the intermediate odd-odd nucleus. Similarly, here the strengths of the two body proton-neutron interactions, $\chi$ and $X_{d p}$, could be fixed by fitting the $\log f t$ values associated to the two

|  | $M_{G T}\left[\mathrm{MeV}^{-1}\right]$ |  |  | $T_{1 / 2}[\mathrm{yr}]$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | present | Exp. | Raduta et al $[18,19]$ | Klapdor et al [41-43] | Others $[10],[67]$ |
| ${ }^{48} \mathrm{Ca} \rightarrow{ }^{48} \mathrm{Ti}$ | 0.045 | $4.72 \times 10^{19}$ | $\begin{gathered} (4.2 \pm 1.2) \times 10^{19}[37] \\ 4.4_{-0.5}^{+0.6} \times 10^{19}[52] \end{gathered}$ | $7.48 \times 10^{19}$ | $3.2 \times 10^{19}$ | - |
| ${ }^{76} \mathrm{Ge} \rightarrow{ }^{76} \mathrm{Se}$ | 0.177 | $0.938 \times 10^{21}$ | $\begin{gathered} 9.2_{-0.4}^{+0.7} \times 10^{20}[38] \\ (1.5 \pm 0.1) \times 10^{21}[52] \end{gathered}$ | $4.05 \times 10^{20}$ | $2.61 \times 10^{20}$ | $1.4 \times 10^{21}[10]$ |
| ${ }^{82} \mathrm{Se} \rightarrow{ }^{82} \mathrm{Kr}$ | 0.083 | $1.293 \times 10^{20}$ | $\begin{gathered} 1.1_{-0.3}^{+0.8} \times 10^{20}[39] \\ (0.92 \pm 0.07) \times 10^{20}[52] \end{gathered}$ | $0.963 \times 10^{20}$ | $0.848 \times 10^{20}$ | $1.1 \times 10^{20}[10]$ |
| ${ }^{96} \mathrm{Zr} \rightarrow{ }^{96} \mathrm{Mo}$ | 0.115 | $1.59 \times 10^{19}$ | $\begin{gathered} \left(1.4_{-0.5}^{+3.5}\right) \times 10^{19}[40] \\ (2.3 \pm 0.2) \times 10^{19}[52] \end{gathered}$ | $0.44 \times 10^{19}$ | $5.2 \times 10^{17}$ | $4.4 \times 10^{19}[10]$ |
| ${ }^{104} \mathrm{Ru} \rightarrow{ }^{104} \mathrm{Pd}$ | 0.453 | $2.26 \times 10^{21}$ | - | $0.76 \times 10^{21}$ | $\begin{aligned} & 1.8 \times 10^{21} \\ & 3.1 \times 10^{22} \end{aligned}$ | - |
| ${ }^{110} \mathrm{Pd} \rightarrow{ }^{110} \mathrm{Cd}$ | 0.188 | $3.11 \times 10^{20}$ | - | $1.58 \times 10^{20}$ | $\begin{aligned} & 5.0 \times 10^{19} \\ & 1.2 \times 10^{21} \end{aligned}$ | - |
| ${ }^{128} \mathrm{Te} \rightarrow{ }^{128} \mathrm{Xe}$ | 0.056 | $1.43 \times 10^{24}$ | $\begin{aligned} & (7.2 \pm 0.3) \times 10^{24}[40] \\ & (1.5 \pm 0.2) \times 10^{24}[60] \\ & (1.9 \pm 0.4) \times 10^{24}[52] \end{aligned}$ | $0.55 \times 10^{24}$ | $\begin{aligned} & 1.2 \times 10^{23} \\ & 5.7 \times 10^{23} \end{aligned}$ | $5.6 \times 10^{23}[10]$ |
| ${ }^{130} \mathrm{Te} \rightarrow{ }^{130} \mathrm{Xe}$ | 0.023 | $1.56 \times 10^{21}$ | $\begin{gathered} (1.5-2.8) \times 10^{21}[40] \\ (2.7 \pm 0.1) \times 10^{21}[60] \\ (0.7 \pm 0.3) \times 10^{21}[61] \\ \left(6.8_{-1.1}^{+1.2}\right) \times 10^{20}[52] \end{gathered}$ | $0.26 \times 10^{21}$ | $\begin{aligned} & 1.9 \times 10^{19} \\ & 1.2 \times 10^{20} \end{aligned}$ | $0.26 \times 10^{21}[10]$ |
| ${ }^{148} \mathrm{Nd} \rightarrow{ }^{148} \mathrm{Sm}$ | 0.422 | $2.00 \times 10^{19}$ | - | $2.33 \times 10^{19}$ | $1.19 \times 10^{21}$ | - |
| ${ }^{150} \mathrm{Nd} \rightarrow{ }^{150} \mathrm{Sm}$ | 0.042 | $2.50 \times 10^{19}$ | $\begin{gathered} \geq 1.8 \times 10^{19}[72] \\ \left(1.7_{-0.6}^{+1.1}\right) \times 10^{19}[68] \\ (8.2 \pm 0.9) \times 10^{18}[52] \end{gathered}$ | $2.63 \times 10^{17}$ | $1.66 \times 10^{19}$ | $6.7 \times 10^{19}[67]$ |
| ${ }^{154} \mathrm{Sm} \rightarrow{ }^{154} \mathrm{Gd}$ | 0.303 | $2.02 \times 10^{21}$ | - | $8.76 \times 10^{20}$ | $1.49 \times 10^{22}$ | - |
| ${ }^{150} \mathrm{Gd} \rightarrow{ }^{150} \mathrm{Dy}$ | 0.111 | $1.02 \times 10^{21}$ | - | $2.013 \times 10^{20}$ | $2.81 \times 10^{21}$ |  |

TABLE IV: The Gamow-Teller amplitude for the $2 \nu \beta \beta$ decay, in units of $\mathrm{MeV}^{-1}$, and the corresponding half life ( $T_{1 / 2}$ ), in units of $y r$, are listed for twelve ground to ground transitions. The experimental half-life for the transitions were taken from the specified references. Also, comparison is made with the theoretical results from the last three columns, reported in Refs.[18, 19], [41-43] and $[10,67]$, respectively.
single beta transitions. Unfortunately, there are not enough available data to enable a fitting procedure. In Table V the results of our calculations for the mentioned $\log f t$ values are listed.

Due to the lack of experimental data for the above mentioned single beta decay strength, the strength of the $p h$ interaction was taken as given by Eq. (5.1). However, as seen from Fig. 1 the predicted centroid of the GT resonance has a small shift with respect to the experimental one. This suggests that Eq.(5.1) should be revisited and the fit of the GT resonance centroids be performed within the $G R F R p n Q R P A$. Actually, the strength of the attractive $p n$ dipole pairing interaction was chosen such that one of the decay branches of the odd-odd nuclei has the $\log f t$ value close to those known for the chosen nucleus or for a nucleus from the neighboring region.

## E. Previous consideration of the subject

After our paper on fully renormalized $p n Q R P A$ was published [11], another approach addressing the same issue showed up [54, 55], which claims that the results obey the ISR. However as pointed out in Ref. [56], that formalism does not fulfill the consistency condition, required by the linearization procedure. Actually, this feature was outlined in Section III of the present paper. Indeed, we showed that within the linearization procedure framework, the $p p$ interaction term does not contribute to the equations of motion if the condition of conserving the nucleon total number holds. However, in the mentioned papers the $p p$ interaction influence on the phonon amplitudes is taken into account by averaging some specific double commutators on the vacuum state. Following the same path for the number non-conserving terms, their amplitudes in the phonon operator cannot be vanishing. According to Ref.[55], the experimental GT transition amplitude is reached for the $p p$ interaction strength close to the $p n Q R P A$ breaking down value. Moreover, the breaking down point of the fully renormalized $p n Q R P A$ is lying close to and below the breaking down point of the standard $p n Q R P A$. This result is at par with our result from Ref.[11]. Therefore even if the $I S R$ is satisfied, the principle problem of having a stable ground state for the mother and daughter nuclei still persists.

The attractive interaction of $p h$ dipole-pairing type is responsible for the ground state correlations. To a less extent these are also caused by the $\mathcal{F}$ components of the new phonon
operator. The projection of gauge is essential for restoring the $I S R$. The gauge projection of the $p n Q R P A$ was previously achieved in Ref.[71] where the $I S R$ is anyway satisfied within the unprojected picture. By contrast, therein the effect of projection is small.

Generally speaking, whenever some beauty conditions, like fully renormalization and gauge symmetry restoration, are met a certain tribute is expected to be payed. Thus, there are some specific weak points which require further improvements. Indeed, the average of the quasiparticle number operators has been approximately calculated. We feel that a better expression can be found for this quantity which is essential for the adopted iterative procedure. We hope that a better representation for the average number of quasiparticles will speed up the convergence of the iterative process. Moreover, this will allow us to extend our calculations to heavy nuclei. The renormalized vacuum state is characterized by a nonvanishing average number of quasiparticles. That means that the $p n Q R P A$ features are determined by the pairing properties not only through the occupation probabilities $U^{2}$ and $V^{2}$ but also by the averages of quasiparticle number operators. The question which arises is whether the $p n Q R P A$ may influence the pairing properties. A positive answer could supply us with a unifying variational principle for both vacuua, of quasiparticle and $p n Q R P A$ boson respectively. This goal was in fact touched within a different context by Jolos et al [73]. These features concerning the description of the quasiparticle number operators in a better way as well as describing the $B C S$ and the $p n Q R P A$ in an unified fashion, by a set of coupled equations derived from a unique variational principle will be implemented in a subsequent paper.

The present formalism was recently applied for describing the double beta decay for ${ }^{100} \mathrm{Mo}$ and ${ }^{116} \mathrm{Cd}[15,16]$. The positive results obtained there encouraged us to continue the investigation of double beta process for other nuclei. As mentioned before here the strength of the attractive two body $p n$ interaction is fixed in a different manner than in Refs.[15, 16]. Moreover the single particle space dimensions are different which results in having different pairing properties and quasiparticle correlations.


FIG. 4: The same as in Fig. 1 but for the mother nuclei ${ }^{104} \mathrm{Ru},{ }^{110} \mathrm{Pd},{ }^{128,130} \mathrm{Te}$ and the daughter nuclei ${ }^{104} \mathrm{Pd},{ }^{110} \mathrm{Cd},{ }^{128,130} \mathrm{Xe}$, respectively. For ${ }^{128,130} \mathrm{Te}$, the experimental data are also presented.


FIG. 5: The same as in Fig. 1 but for the mother nuclei ${ }^{148,150} \mathrm{Nd},{ }^{154} \mathrm{Sm}$ and ${ }^{160} \mathrm{Gd}$ and the daughter nuclei ${ }^{148,150} \mathrm{Sm},{ }^{154} \mathrm{Gd}$ and ${ }^{160} \mathrm{Dy}$, respectively.

| Mother nucleus |  | odd-odd <br> nucleus |  | Daughter nucleus |
| :---: | :---: | :---: | :---: | :---: |
| ${ }^{48} \mathrm{Ca}$ | $\stackrel{\beta^{+} / E C}{\leftrightarrows}$ | ${ }^{48} \mathrm{Sc}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{48} \mathrm{Ti}$ |
| Th. | 8.44 |  | 4.63 |  |
| ${ }^{76} \mathrm{Ge}$ | $\stackrel{\beta+/ E C}{\leftrightarrows}$ | ${ }^{76} \mathrm{As}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{76} \mathrm{Se}$ |
| Th. | 4.57 |  | 6.13 |  |
| ${ }^{82} \mathrm{Se}$ | $\stackrel{\beta+/ E C}{\leftrightarrows}$ | ${ }^{82} \mathrm{Br}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{82} \mathrm{Kr}$ |
| Th. | 8.11 |  | 7.18 |  |
| ${ }^{96} \mathrm{Zr}$ | $\stackrel{\beta+/ E C}{\leftrightarrows}$ | ${ }^{96} \mathrm{Nb}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{96} \mathrm{Mo}$ |
| Th. | 5.67 |  | 7.00 |  |
| ${ }^{104} \mathrm{Ru}$ | $\stackrel{\beta+/ E C}{\leftrightarrows}$ | ${ }^{104} \mathrm{Rh}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{104} \mathrm{Pd}$ |
| Exp. | 4.32 [65] |  | 4.55 [65] |  |
| Th. | 4.71 |  | 6.47 |  |
| ${ }^{110} \mathrm{Pd}$ | $\stackrel{\beta^{+} / E C}{\leftrightarrows}$ | ${ }^{110} \mathrm{Ag}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{110} \mathrm{Cd}$ |
| Exp. | 4.08 [66] |  | 4.66 [66] |  |
| Th. | 4.14 |  | 6.32 |  |
| ${ }^{128} \mathrm{Te}$ | $\beta{ }^{+/ E C}$ | ${ }^{128} \mathrm{I}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{128} \mathrm{Xe}$ |
| Exp. | 5.049 [69] |  | 6.061 [70] |  |
| Th. | 5.87 |  | 6.06 |  |
| ${ }^{130} \mathrm{Te}$ | $\stackrel{\beta+/ E C}{\leftrightarrows}$ | ${ }^{130} \mathrm{I}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{130} \mathrm{Xe}$ |
| Th. | 6.08 |  | 5.80 |  |
| ${ }^{148} \mathrm{Nd}$ | $\stackrel{\beta+/ E C}{\leftrightarrows}$ | ${ }^{148} \mathrm{Pm}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{148} \mathrm{Sm}$ |
| Th. | 6.8 |  | 7.33 |  |
| ${ }^{150} \mathrm{Nd}$ | $\beta{ }^{++/ E C}$ | ${ }^{150} \mathrm{Pm}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{150} \mathrm{Sm}$ |
| Th. | 5.55 |  | 8.46 |  |
| ${ }^{154} \mathrm{Sm}$ | $\stackrel{\beta+/ E C}{\leftrightarrows}$ | ${ }^{154} \mathrm{Eu}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{154} \mathrm{Gd}$ |
| Th. | 5.52 |  | 5.13 |  |
| ${ }^{160} \mathrm{Gd}$ | $\stackrel{\beta+/ E C}{\leftrightarrows}$ | ${ }^{160} \mathrm{~Tb}$ | $\xrightarrow{\beta^{-}}$ | ${ }^{160}$ Dy |
| Th. | 5.25 |  | 4.20 |  |

TABLE V: The $\log f t$ values characterizing the $\beta^{+} / \mathrm{EC}$ and $\beta^{-}$processes associated to the intermediate odd-odd nuclei are listed.

## VI. CONCLUSIONS

Summarizing the results of this paper, one may say that restoring the gauge symmetry from the fully renormalized $p n Q R P A$ provides a consistent and realistic description of the transition rate and, moreover, the $I S R$ is obeyed. As shown in this paper, it seems that there is no need to include the $p p$ interaction in the many body treatment of the process. Indeed, in the framework of a $p n Q R P A$ approach this interaction violates the total number of particles and consequently the gauge projection process makes it ineffective. The protonneutron correlations in the ground state are however determined by an attractive dipole pairing interaction. The results of our calculations are compared with those obtained by different methods as well as with the available experimental data. Here the strength of the $p h$ interaction was taken as given by Eq.(5.1), while the one for the dipole-pairing interaction was approximately fixed such that one decay branch of the intermediate odd-odd nucleus has the $\log f t$ value close to those known for the given nuclei or for the nuclei belonging to the neighboring region. Small deviations of the predicted and experimental $G T$ resonance centroids suggest that the parameter $\chi$ should be fixed by fitting the centroids within the $G R F R p n Q R P A$. By contrast to the standard $p n Q R P A$ models where the strength of the $p p$ interaction is not affecting the position of the GT resonance centroids, here the attractive interaction contributes to the distribution of the $\beta^{-}$strength. Therefore, the two strengths should be fixed at a time by fitting two data, either the GT resonance centroid and the $\log f t$ value of one decay of the intermediate odd-odd nuclei or by fixing the $\log f t$ values corresponding to the single beta decays of the odd-odd intermediate nucleus.

Before closing let us enumerate the results of our numerical analysis.

- Based on the matrix elements of the transition operator from the mother/daughter nucleus to the intermediate odd-odd nucleus the $\beta^{-} / \beta^{+}$the strength distribution has been plotted in Figs. 1-3. For ${ }^{76} \mathrm{Ge},{ }^{82} \mathrm{Se}$ and ${ }^{128,130} \mathrm{Te}$ the results for the $\beta^{-}$strength have been compared with the corresponding experimental data. The centroids of the experimental peaks have been fairly well reproduced.
- Note that despite the fact that the results for the $\beta^{-}$transition strength distribution in ${ }^{128,130} \mathrm{Te}$ do not reproduce the corresponding experimental profile, the total strength is quite well described.
- Results for the summed strength $B\left(G T^{-}\right)$agree quite well with the existent experimental data. Also the summed $B\left(G T^{+}\right)$strengths for ${ }^{76} \mathrm{Ti}$ and ${ }^{76} \mathrm{Se}$ agree reasonable well with the corresponding experimental data.
- The calculated half-lives are in good agreement with the experimental data.
- Results for the $\log f t$ values associated to the $\beta^{-}$and $\beta^{+} / E C$ transitions of the intermediate odd-odd nuclei, are given in Table V.
- In general, the results for the double beta transition are consistent with those for single $\beta^{-}$and $\beta^{+}$transitions of mother and daughter nuclei, respectively.

Concluding, the present calculations prove that the $G R F R p n Q R P A$ is able to describe in a realistic manner the $2 \nu \beta \beta$ decay and moreover satisfies the $I S R$. The features which require some further improvements, are also mentioned.

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## VII. APPENDIX A

The sub-matrices involved in the GRFRpnQRPA equations are given by the following expressions:

$$
\begin{align*}
\left(A_{11}\right)_{p_{1} n_{1} ; p n} & =E^{r e n}(p n) \delta_{p n ; p_{1} n_{1}}+2 \chi \sigma_{p_{1} n_{1} ; p n}^{(1) T} \\
\left(A_{12}\right)_{p_{1} n_{1} ; p n} & =0, \quad\left(B_{11}\right)_{p_{1} n_{1} ; p n}=0 \\
\left(B_{12}\right)_{p_{1} n_{1} ; p n} & =2 \chi \sigma_{p_{1} n_{1} ; p n}^{(1) T} \\
\left(A_{21}\right)_{p_{1} n_{1} ; p n} & =0,\left(B_{22}\right)_{p_{1} n_{1} ; p n}=0 \\
\left(A_{22}\right)_{p_{1} n_{1} ; p n} & =\left|E^{r e n}(p n)\right| \delta_{p n ; p_{1} n_{1}}+2 \chi \sigma_{p_{1} n_{1} ; p n}^{(1) T} \\
\left(B_{21}\right)_{p_{1} n_{1} ; p n} & =2 \chi \sigma_{p_{1} n_{1} ; p n}^{(1) T} \tag{A.1}
\end{align*}
$$

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